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Issue 225 January 23rd 2015

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Plans underway for second stage of superfast broadband roll-out

Connecting Devon & Somerset (CDS) has announced that it will be publishing the tender for the second stage of the superfast broadband programme across the region by early February.

The announcement comes as the current programme gathers significant momentum with over 400 cabinets and nearly 100,000 homes and businesses connected to fibre. In addition, some 2,500 individuals and businesses have attended events as part of the Get up to Speed programme, which is designed to help them get the most out of faster broadband.

Connecting Devon and Somerset will be using the Government's national procurement framework for its delivery partner for most of the area. However, the CDS partnership is keen to open up this second stage to other potential providers. It will therefore be running an open procurement process in Dartmoor and Exmoor National Parks allowing bids from other suppliers. The parks represent some of the most challenging terrain for connecting remote rural communities to superfast broadband. Two areas in Exmoor are already being connected with the support of CDS by an innovative Yeovil-based firm, using a combination of satellite and wifi technology.

The second stage of the roll out will involve an investment of at least £38million – the largest amount of any superfast broadband project in the UK which was secured by CDS and its partners in August 2014. This funding will be spent on increasing superfast coverage and CDS are on track to reach their ambition of 100 per cent superfast broadband coverage by 2020.

Councillor Andrew Leadbetter, Cabinet Member for Economy and Growth for Devon County Council, said: "The current programme is very much on schedule and it's great to hear the positive feedback we are receiving from households and businesses, who are already seeing the benefits of faster broadband speeds.

"Whilst we will be using the government's national procurement framework agreement for the tender process to continue the momentum of the roll out to date, we will also be opening it up to bids from other suppliers for the National Park areas.

"The National Park areas will require an innovative approach due to their remoteness and therefore we believe it is appropriate to extend this part of the tender to other suppliers so that we can see what's out there in the marketplace and ensure we come up with the best solutions possible for our available funding."

Councillor David Hall, deputy leader of Somerset County Council, added: "The roll out of the superfast broadband infrastructure across our region has made excellent progress despite being one of most challenging terrains in the country and the largest geography of any such programme nationally.

"The tender marks a significant step in achieving our ultimate goal of 100 per cent superfast broadband coverage across the area by 2020. Also this stage of the roll out will put a strong focus on the business community, including homeworkers, courtesy of funding from the Heart of the South West Local Enterprise Partnership, eventually helping to provide a predicted three quarters of a billion pound economic boost to the region.

"We recognise that there is still a long way to go to rolling out the complete programme but we firmly believe the procurement approach we are taking with the second stage tender will ensure we remain on course and provide best value to communities at the same time."

Broadband Delivery UK (BDUK), part of the Department of Culture, Media and Sport and responsible for delivering superfast broadband in the UK, has recently launched a multi-channel marketing campaign to raise awareness, highlight the benefits and support take up.

Volunteer buddies needed to help most vulnerable

SOMERSET County Council is seeking enthusiastic volunteers who can give a few hours per week to help improve the lives of the county's most vulnerable young people.

The Council's Youth Offending Team recruits volunteers for a number of projects, not just to help young offenders but also to support other vulnerable young people in Somerset. The young people that the Buddy Project helps, usually aged 13 to 19, may be struggling in school, have a difficult home life, or may need help gaining confidence or becoming more independent.

Anyone aged 21 and over can be a Buddy. All they need is enthusiasm, a desire to help young people and a few hours per week to spare. Training and expenses are provided and the project provides a great experience for potential career progression.

For more information or to get involved, phone 01458 440820 or email streetvolunteers@somerset.gov.uk

TheWeekender Announcements

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MP joins fight against hospital bed closures

LOCAL MP David Laws has demanded that Somerset Clinical Commissioning Group re-opens 57 community hospital beds, which have been temporarily closed since last year, and scraps plans to permanently close more community hospital beds in South Petherton, Chard and Crewkerne.

Mr Laws, the Liberal Democrat MP for the Yeovil constituency (pictured), has commented on an NHS review which recommends permanent closure of one third of the community hospital beds in Somerset – 102 of 312 beds.

He said: "It is complete madness to have large numbers of community hospital beds closed when these beds are urgently needed to move patients out of acute hospitals such as Yeovil and Taunton.

"The NHS should re-open all of the community hospital beds in Somerset as a matter of priority, and make sure that no more beds are closed permanently.

"I am very worried by the review which suggests closing one third of community hospital beds, when it is clear that these beds are desperately needed.

"At present, big hospitals are having to cancel numerous operations because they are effectively full, and do not have spare beds for people to recover in after treatment.

"Community hospital beds allow larger hospitals such as Yeovil and Musgrove to discharge patients when their operations have taken place and free up beds for other patients needing treatment.

"We should not even be considering shrinking community hospitals when our acute hospitals are overflowing.

"I have written to the NHS Clinical Commissioning Group asking them to re-open all community hospital beds urgently and to drop any plans to permanently close beds in hospitals such as South Petherton, Chard and Crewkerne."

Devon woman hopes to represent Yeovil constituency

AN Axmouth resident is in the race to become a parliamentary candidate in Yeovil constituency.

Emily McIvor hopes to become the Green Party candidate for the forthcoming parliamentary election and, ultimately, MP for Yeovil Constituency. Ms McIvor has attended hustings in the constituency, and South Somerset Green Party secretary Peter Lansdown said: "The purpose is to adopt Emily McIvor from Axmouth as the Green Party candidate for the forthcoming parliamentary election."

Ms McIvor grew up near Axminster and currently works as policy director of the Humane Society International's research and toxicology department, working on EU animal and consumer protection legislation (including regulation of chemicals, pesticides and cosmetics).

She said: "In this role I maintain a good working knowledge of European politics, and, because I am a consultant, I can usually attend daytime meetings."

About her background and previous career, she said: "I taught English and drama at Bishop Fox's School in Taunton having studied English and Politics at the University of York and Education (for a PGCE) at the University of Exeter.

"I became a special needs teacher in 1999, teaching English at a residential school for children with emotional and behavioural difficulties."

Emily describes herself as "a long-standing Green Party activist", and gained a degree of experience when she stood in the 2014 European Parliament election.

She added: "While I am familiar with the full range of Green Party policies, I am particularly 'at home' dealing with local planning and conservation issues, animal welfare/food and farming, and campaigning to eradicate poverty in the UK and internationally.

"I believe our social policies are directly linked to our promotion of ecological justice, and aim

always to show that addressing both of these core values simultaneously is necessary if we are to create a fairer and safer world."

The party will announce the name of the successful candidate on Tuesday, January 27th.

Chard man dies after crash in Seavington

POLICE have named a man who died in a two-car crash in Seavington, near Ilminster, as Chard resident Andrew Killeen.

Mr Killeen, aged 47, died after the crash on the B3168 at Seavington on Tuesday, January 13th.

He was driving a Saab which collided with a Toyota Rav 4 at about 3pm. Mr Killeen was taken to hospital but sadly died two days later from injuries he sustained in the collision.

Cow rescued from slurry pit

FIREFIGHTERS came to the rescue of a cow stuck in a slurry pit in Park Lane, Donyatt.

They were called just after 4.30pm on Wednesday, January 14th, and a spokesperson for the fire and rescue service said: "One appliance from Ilminster, with the Specialist Rescue Team from Bridgwater, were mobilised following a report of a large animal trapped.

"On arrival at the scene, crews confirmed one cow in slurry pit. Crews at work making area safe and awaiting arrival of the Specialist Rescue Team. The cow was released by using a tractor and lines."

Crew tackles chimney fire

A FIRE engine was called to Hey Farm Bungalows, Winsham, on the evening of Monday, January 19th to deal with a chimney fire.

There was no report of injuries or damages, and a spokesperson for the fire and rescue service said: "Crews confirmed there was a chimney fire and extinguished it."

The call came in just before 9pm.

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Chard nurse to join 350k Indian cycle for medical research charity

A NURSE at Springmead Surgery in Chard has responded to an appeal by leading infertility expert Professor Robert Winston.

Sandi Nicholls, 51, will take on a tough, women-only cycling challenge in Kerala, India. The idea is to raise money for Genesis Research Trust, which works to improve the health of women and babies.

■ ON HER BIKE: Chard nurse Sandi Nicholls will cycle 350 kilometres in Kerala, India

Sandi, who lives in Axmouth, Eeast Devon, needs to raise a minimum of £3,100 and is asking local people, businesses and companies to help her reach that target.

Sandi, who herself underwent open heart surgery three years ago, will join a group of other women in October to cycle approximately 350 kilometres over five days. Training is already in progress, so you may see her cycling around the lanes of East Devon and South Somerset with her friends and team mates, Noelle Adler and Jules Castleden.

She said: "The money raised will help fund ground-breaking medical research into conditions affecting women and babies, in particular causes of miscarriage, still birth, premature birth, ovarian cancer, infertility and genetic diseases."

Professor Robert Winston, the chairman of Genesis Research Trust, explained: "With nearly 250 babies dying in the UK every week from complications during pregnancy, our work has never been so essential for women and babies nationwide."

Sandi plans to hold a string fundraising events, the first being an auction of promises at The Ship in Axmouth in March on a date to be announced. Promises are welcome from any local companies and individuals.

Anyone wishing to pledge a promise can do so by calling her on 07967 917874. Donations can be made via www.justgiving.com/sandra-nicholls.

Got a story for the Weekender? Call Anders on 01297 631120 or 01297 44616 or email anders@tindlenews.co.uk

Camera club hold in-house comeptition

CHARD Camera Club recently held its first in-house competition of the year judged by renowned photographer and lecturer Malcolm McNaughton.

A club spokesperson said: "The evening was well attended and it was good to see relative new members to the club put their heads above the parapet and receive some well deserved points for their efforts, well done."

Results of the competition were as follows:

Special Subject Prints (Monochrome) - 1st Tulips by Charlotte Nadin, 2nd Masks by David Blay, 3rd The Fallen by Mike Spalding; Open Subject Prints - 1st Old Hen House by Peter O Shea Snr., 2nd Let Me Out by Charlotte Nadin, 3rd Did I Win? by Trevor Mace; Special Subject DPI (Seascape) - 1st Rough Seas by Terry Marrett, 2nd Cornish Sea Thistle by Peter O Shea Snr., 3rd Lofoten Island by Alastair Purcell (pictured above); Open Subject DPI - 1st Breakfast by Dick Moon, 2nd Hollyhock by Marjorie Marrett, 3rd Sherbourne Abbey by Charlotte Nadin.

Anyone interested in learning more about the club should call Peter Partridge on 01460 66885 or visit the website at chardcameraclub.org.uk

Helping to fight mental health stigma

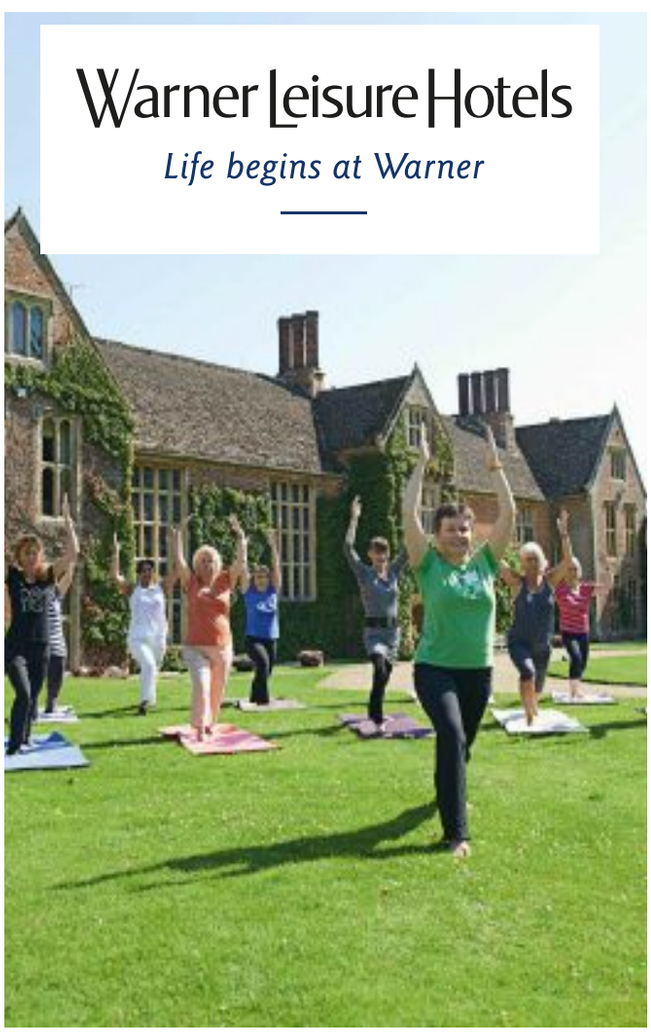
CHARD is joining national campaign Time to Change to help overcome the stigma surrounding mental illness.

Time to Change is asking the nation to take five minutes on February 5th to talk about mental health and the Somerset 1 in 4 group, which tackles stigma and discrimination around mental health, is leading events on the day around the county, working in partnership with other charities and organisations.

Playing on the theme of "five" the organisation is hosting five stands in five different venues across the county, one in each of the five districts in Somerset. The stands will raise awareness in their chosen locations, including at the WATCH Project in Chard, Clarks Village in Street, Taunton Library, Bridgwater College and Minehead Sports & Leisure Centre, and will encourage five minute conversations with members of the public. At the same time a team of five will be travelling across Somerset, aiming to reach all five points within five hours as they raise awareness en route.

Anyone interested in learning more about mental health issues and helping to break down the barriers in our local community are welcome to attend the event.

The stand in Chard will be held at the Chard WATCH Project at the Chard Young People's Cente, Essex Close, between 11am and 4pm.



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Children explore how food goes from 'Farm to Fork' on Tesco trip

YEAR 4, 5 and 6 pupils from Chard School have been on a "Farm to Fork" visit to the town's Tesco supermarket.

The visit took place on Tuesday, January 13th and pupils donned bakery hats and "Farm to Fork" vests before embarking on a tour of the store.

They visited the walk-in fridge and freezers before heading to the bakery where they were given a talk from the bakers about the bread-making process, and then had a go at making dough themselves.

The children then went to the fish counter before comleting a quiz around the store to identify the country of origin of fresh produce and to find produce matching each colour of the rainbow.

A school spokesperson said: "The Farm to Fork visits are intended to ignite a passion for where food comes from in the nation's children.

"Tesco has opened the doors of more than 700 of their larger stores for primary school children to come and touch, feel and taste food and learn about the journey their food takes from farm to fork.

"Thank you to the staff at Tesco, Chard, for giving the pupils such an interesting and fun visit."

Rotarians sponsor student for charity trek up Mount Everest

■ THE Rotary Club of Chard is sponsoring Lizzie Fenner, a local student at Loughborough College, who with 15 other students is planning to trek over a period of 11 days to the Mount Everest base camp at 17,000 feet. The group is raising money for The Children's Society, a UK based charity which supports children who live in poverty, are runaways or have been abused or neglected. The money will be specifically used for their on street drop in centres and one to one counselling sessions. The party fly out on the August 27th for two weeks. The Rotary Club president Eric Beckley presented Lizzie with a cheque for £100 at their meeting on Tuesday. The pair are pictured above with president-elect Robin Williams and junior vice-president Tracey Murphy.

Isle Group raises £750 for village hall

RETIRING chairman Bev Gibson gave a resume of the year's events during the annual general meeting of The Isle Ladies Group in Wadeford earlier this month. Bev also presented Hilary Tinson, chairman of the Coombe St Nicholas Village Hall Committee, with a cheque for £752. The money was raised from coffee mornings, afternoon teas, a very successful "Prosecco and Puds" evening at Wadeford Manor, plus a Thanksgiving lunch at Pat Hamilton's home. Hilary thanked everyone and said the money would be most appreciated. In addition, The Isle Group raised £203 for the Children's Hospice South West at a mulled wine and carol singing event in December at Beeches. Bevwished the new committee well and thanked all the members for their generosity and support.

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Neroche school makes plans to formally expand into Ilminster

NEROCHE Community Primary School in Broadway is hoping to extend its catchment area into the west of Ilminster.

The school already has pupils from the area, but is hoping to formalise the arrangement. It has produced a consultation document, and in a the accompanying letter headteacher Connel Boyle said: "We are concerned that the families of children in Ilminster, who for the past 40 years have exercised their choice to attend our school, may have future difficulty in obtaining a place at Neroche if our popularity of the past three years continues to rise at current rates.

"So we are consulting about this extension to our catchment area to protect the current 'unofficial status quo' that has existed since our school was built 40 years ago."

The consultation ends on February 11th and any changes would become effective from September 2016.

Mr Boyle added: "Our aim is to essentially protect the rights of parents from the west of Ilminster to exercise the choice of where to have their children educated.

"Since Neroche Community Primary School was built in 1973, a significant proportion of our pupils (our roll averages 150) have always come from Ilminster.

"The proportion of pupils from Ilminster at our school has historically fluctuated between 20 per cent and 40 per cent of our total school roll for the past 40 years. We currently have over 40 children from Ilminster on roll.

"The parents, who currently elect to join Neroche Community Primary School, and those in the future, from the west side of Ilminster, will gain confidence that they are applying to our school from within our defined catchment area. Many parents, especially those with older siblings in the school, will benefit most should our catchment be extended.

"This is our main target group that has informed our decision to commission this consultation. "Our planned admission number will remain at 30 per year group.

"The extension of our catchment, giving parents on the west of Ilminster a choice of two schools, will have little to no impact upon our neighbouring schools pupil numbers, as we are consulting upon maintaining the existing unofficial status quo."

Got a story for The Weekender? Call Anders Larsson on 01297 631120 or 01297 446152

Rotarians fund visit from mobile classroom to teach pupils life skills

EXCITED children at Greenfylde CE First School and Year 5 pupils at Swanmead Community School in Ilminster welcomed an extraordinary visitor this week when they met Harold, a very special giraffe, in the Life Education Wessex mobile classroom.

The classroom offers fun sessions to help children learn more about how their bodies work and what they need to do to keep themselves healthy and safe.

The visit was funded by The Rotary Club of Ilminster as part of their ongoing approach towards greater community involvement. In this case the children at both schools were able to participate in a four day visit from Life Education Wessex.

■ **SPECIAL VISITOR: Helen Morrall and Harold The Giraffe entertain Greenfylde CE First School pupils** *Photo by ANDERS LARSSON*

The cost of the visit was paid through money raised at their annual golf day, held with the generous co-operation of the Cricket St Thomas Golf Club, and the support of local businesses who sponsored the day's activities. The organiser, Rotarian David Dick, is very grateful for all the support.

Fellow Rotarian and county support member for children and families, Linda Piggott-Vijeh, said: "It is through activities such as this, which helps to nurture and develop our future generation, that Rotary really comes into its own, and lives up to its motto of 'Service Above Self'.

"During the visit the children entered the magical world of a specially designed mobile classroom with an interactive model of the human body, fibre optic lighting and a multi-media suite. Films and puppets created by BAFTA award-nominated puppeteers from the BBC help capture children's imagination and develop their critical thinking.

"Run by specialist educators, sessions help children aged three to 13 years old learn valuable life skills using age-specific activities on topics such as self-esteem, drug and alcohol awareness, assertiveness and anti-bullying techniques, positive friendships and being safe and healthy.

"Recent research with school children who have taken part in the Life Education programme demonstrates its exceptional success rate; 87 per cent of children knew more about keeping healthy; 76 per cent recognised how their emotions and needs changed in different situations; 88 per cent understood how others influenced the choices they made about smoking, alcohol and other drugs; and 69 per cent reported they had learned to be more assertive."

Helen Morrall, educator for Life Education Wessex, added: "Children at Greenfylde First and Swanmead Community schools had the opportunity to take part in high impact, memorable activities that help them become better informed and more assertive about the health and well-being choices they make for the rest of their lives.

"The interactive nature of the sessions encourages every individual to become involved."

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Legion wins award for expanding membership

■ THE Crewkerne branch of the Royal British Legion were extremely honoured to receive an award at the Royal British Legion County Conference on January 17th, held at Writhlington School, near Radstock. The award was presented by Commodore Manser, the new president of the Somerset County Royal British Legion, for a successful year in recruiting new members to the small branch. The chairman of the Crewkerne branch, Tony Samuel, said: "2014 has been a really good year for recruitment. The branch has worked hard over the last 12 months upping the profile of our worthy cause and bringing in new members. I would like to thank the people of Crewkerne and the surrounding area, for their support in what we do and especially the Poppy Appeal. This year the community of Crewkerne helped us to raise a record amount of £7,500. Without their support it would not be possible to carry out our work for the Legion. Again we thank you all." Pictured above are Legion secretary Alice Samuel, chairman Tony Samuel and committee member Terry Austin.

Local councillor hosts wine tasting

MISTERTON wine lovers gathered together this week for a charity wine tasting hosted by local Wine & Spirit Education Trust tutor, wine writer and councillor, Linda Piggott-Vijeh.

The tasting had been bid for by Paul Bradly, who paid £160, as part of fundraising efforts for the Conservative party's upcoming election campaign.

Said Linda: "I frequently donate tastings like this for charitable causes all across the West Country. This is one way in which I can support a wide range of organisations and is also a fun way for people to enjoy an evening together trying wines they might not have otherwise had the opportunity to taste.

"We tasted 12 wines in all, ranging from a full-bodied Turkish red, to a lovely luscious Hungarian Tokaji, and also a 2001 Saint-Emilion Grand Cru. It is hard work but well worth the effort to help people become more knowledgeable about what they are buying and to know what to look for in a wine."

If you have a story for The Weekender, call reporter Anders Larsson on 01297 631120 or 01297 446152 or email anders@tindlenews.co.uk

Advertiser's Announcement

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New magazine to attract green tourists to Somerset

DARK skies, poets and starlings are among the attractions being used to tempt green tourists to Somerset in a new publication.

The magazine promoting Somerset as a sustainable rural tourist destination has been distributed this month in the national BBC Countryfile magazine.

The publication, *Somerset & Exmoor – Great Escapes*, was made possible after Somerset County Council and partners secured funding as part of the EU Interreg funded COOL tourism project to grow and promote sustainable rural tourism.

Produced by Greentraveller, the guide highlights 30 different ideas to encourage breaks in Somerset and Exmoor. These include everything from staying in unique accommodation and observing starling murmurations on the Somerset Levels to indulging in gourmet local food, walking in a poet's footsteps and experiencing Exmoor's International Dark Sky Reserve.

Over 100 local tourism related businesses that offer products and services that support these iconic experiences were identified. They include accommodation providers, guided tours, food and drink providers and transport providers.

Both the experiences and supporting businesses are also being promoted online on various websites, including the Visit Somerset website, and through social media. A supporting video has also been produced to further promote the broad range of experiences available for residents and visitors to the county.

Councillor David Hall, Somerset County Council's Cabinet Member for Business, Inward Investment and Policy, said: "I am delighted to support this initiative which should really help to highlight everything that Somerset has to offer at this crucial time of year, when so many potential visitors are planning ahead for their breaks.

"We are also working closely with Visit Somerset to encourage more hits on the Visit Somerset website which gives residents and visitors great ideas for day trips and longer breaks."

Financial boost of £100k for Flood Action Plan

THE 20 Year Flood Action Plan celebrated a recent £100,000 boost for crucial work to encourage natural flood management on the Somerset Levels and Moors, following recent awards to two of its partner organisations from the Prince's Countryside Fund.

The Royal Bath & West Society (RB&W) was awarded £50,000 which will go hand in hand with £50,000 also awarded to the Farming and Wildlife Advisory Group South West (FWAG SW), which co-ordinates land management projects for the Flood Action Plan.

Now the funds can be used as a crucial first stage for developing an advice and support package throughout the Levels and Moors catchment, to encourage land use that stops or slows water from entering river courses and maximises natural flood management.

It will also be the preliminary work to enable a £550,000 award from the Heart of the South West Local Enterprise Partnership (LEP) announced last year for the Flood Action Plan's Land Management work, to be used for small scale capital works on farms to hold water back.

Councillor John Osman, chairman of the Flood Action Plan Leaders Implementation Group and leader of Somerset County Council, said: "The support of FWAG SW and the RB&W in bidding for and winning these awards, and the generosity of the Prince's Countryside Fund, is greatly valued. Many funding streams are about capital work projects but vital preliminary work needs funding too, and these awards are crucial."

Edwin White, chairman of the RB&W Somerset Levels Development Fund added: "We're delighted to receive this grant from the Princes Countryside Fund, a real endorsement of our work from such an established organisation.

"Our mission at the RB&W is to develop agriculture, grow the rural economy and protect the environment and through our leadership of the Somerset Levels Development Fund we feel that this project delivers a truly integrated programme that will benefit all who live and work on the Levels."

The £50,000 also awarded by the Prince's Countryside Fund to FWAG SW, to improve the viability of farming on the Somerset Moors and Levels, includes amongst other initiatives, initial work to encourage land management practices that stop or slow water entering the rivers.

Ann Langdon, Senior Advisor for FWAG SW, said: "This money will enable us to work with farmers with land above the Levels, to increase the water holding capacity of their soils - which will help reduce flooding down on the Levels. It will also enable us to continue work looking at ways to increase grassland resilience in areas which flood.

Once further funding is secured for the Flood Action Plan work, an integrated practical advice and support package will be provided to land managers by specialist advisors, enabling them to introduce natural land and flood management practices throughout the catchment.

The awards to the RB&W and FWAG SW are part of £650,000 from the Prince's Countryside Fund for investment in rural initiatives to find the farmers of the future, improve rural livelihoods and create thriving rural communities.

■ After months of lobbying Defra and Treasury Ministers by the leader of South Somerset District Council, Councillor Ric Pallister, Defra have announced an extension to March 31st deadline for reimbursement claims for the Repair and Renew Grant offered by the government to householders affected by flooding.

The Repair and Renew Grant provides homeowners and businesses with up to £5,000 grant funding towards establishing resilience and/or resistance measures to their property in order to minimise the risk or impact of any future flooding.

To be eligible, premises had to have been flooded between December 1st 2013 and March 31st 2014. A further announcement was made at the end of November 2014 that the scheme would be extended backwards to include premises that had been flooded between April 1st 2013 to November 30th 2013.

For applicants that were flooded between these times the Repair and Renew deadline for payment by the government to SSDC has been extended to June 30th. To meet this deadline this means that all grant aided work must be completed and final invoices submitted to the council by the end of May 2015.

The government-funded Repair and Renew Grant scheme can provide grants for additional flood resilience or resistance measures for homes and businesses that have been hit by the floods, over and above repairs that would normally be covered by insurance. Affected residents need to apply to their local district council to bid for the grant.

Even if you have already fitted new measures following last winter's flooding you can still apply for the grant retrospectively to cover the cost.

Councillor Ric Pallister, chairman of the Somerset Health and Housing Flood Recovery Group, said: "I am delighted that common-sense has at last prevailed. We still have families in Somerset who aren't yet back in their homes after last winter's deluge and have not been able to meet the arbitrary deadline set by DEFRA.

"This extension is invaluable and means that almost everyone who is entitled to a grant to assist with making their homes more resilient to flooding will now receive financial support. Without this change of heart many would have been left with an unpaid bill for £5000 when the scheme closed rather than the full support they richly deserve."

Anyone wishing to find out more or to start an application should contact the Paul Rees at the district council on 01935 462507 or visit www.southsomerset.gov.uk

B.Gibbs Funeral Services Ltd

B. GIBBS Funeral Services Ltd. is a family business covering the local community of Chard and the surrounding area. We are proud to be an independent family run firm, offering a range of traditional, green and bespoke funerals. Barry Gibbs is a member of the National Association of Funeral Directors (NAFD) and holds the NAFD Diploma in Funeral Directing, giving families the peace of mind that their arrangements are carried out to the highest standard. Being born and raised in Chard, Barry understands the local area and the needs of the local communities within. We guarantee a 24 hour a day, all year round service and are happy to discuss arrangements wherever you feel most comfortable either in the comfort of you own home or at our office in the main street of Chard.

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A funeral service should reflect the life of the person who has passed away and must be carefully planned and tailored to those individual requirements. Whether it is to be a simple funeral service or something more elaborate, we can provide you with the guidance and support to make this special occasion as unique as the person who has passed away. Barry and his dedicated staff are always on hand to discuss with no obligation, the different choices of funeral service, be it religious or non-religious.

Proprietor: Mr. Barry J. Gibbs Dip. FD NAFD

Helping Children

CHILDREN can find it very difficult to understand what has happened when someone dies. They often will be aware of the tension and distress of the adults around them. What they understand and how they respond will vary depending on their age, previous experience and individual personalities.

Remember to tell their teacher or nursery teacher who will keep an eye on them in the early days after a death and will be able to suggest the best way to deal with this in the context of the whole class.

They will also have access to the advice of educational psychologists if they feel this might be helpful.

Some of the important things to remember are:

- Try and keep the security of familiar routines if you possibly can.
- Remember children can change mood very quickly - being upset one moment and then playing normally the next. This is part of the way they cope but can be difficult for adults to adjust to.
- Keep talking about the person who has died.
- Answer their questions honestly, using words they will understand.

Remember other children may hear their parents talking about the death if it is known in the local community and speak to your child about what has happened. It is important your child hears information from you first. Do not hide the fact that you are upset and miss the person who has died so that they can feel comfortable showing their feelings too.

There are a number of resources that can support and help children, including specialist organisations and picture and storybooks. There are also helplines and websites for teenagers and young adults wanting to talk with someone about the issues they face after a bereavement.

For more advice visit www.bereavementadvice.org

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Early Learning & Further Education

Chard School

CHARD School is delighted that it has been ranked 49th in The Sunday Times Parent Power ranking of the Top 100 Independent Preparatory Schools in the country. Our vibrant prep school educates children up to 11 years old and is located in historic period buildings in Chard, South Somerset. Specialist subject teachers provide the highest standard of teaching in English, Maths, Science, French, PE, Art & Humanities. The school has excellent facilities to match, including a science lab, astroturf, ICT suite, gym, art studio, chapel, library and newly refurbished Nursery for 0-5 year olds.

Chard School's Head, Mr Paul Cawley-Wakefield, said "I am thrilled that our flourishing prep school is 49th in The Sunday Times Parent Power ranking of the Top 100 Independent Preparatory Schools in the country. I believe that the quality of teaching by our specialist subject teachers, small class sizes and the family, friendly atmosphere of the school which nurtures the children whilst instilling in them self-worth, good manners and consideration of others have achieved this wonderful result."

For further information or to book your place at our Open Morning on Saturday 7th March, 9.30am-12.30pm, please call 01460 63234 or email marketing@chardschool.co.uk.

Holyrood Sixth Form

Unique Opportunities at Holyrood for September 2015

HOLYROOD Academy offers an academic environment for Sixth Form students where programmes of study are complimented by a full range of extra-curricular opportunities. Small teaching groups provide excellent access to high quality provision. Dedicated pastoral support assists students in reaching their chosen career.

Level 3 BTEC in HOSPITALITY

Sixth Form students at Holyrood can study a wide range of units as part of this BTEC Certificate. 'Contemporary World Food' to 'Principles for Nutrition and Healthier Diets' as well as 'Food and Beverage Service' will all form part of the course and will take place in a professional-style kitchen and restaurant at Holyrood. Reserve your seat now!

Level 3 BTEC in RUGBY UNION

This course is designed for boys who are keen to combine personal progression in rugby union together with their academic studies. The two-year programme will also qualify students in a Level 3 Sports Leaders' Award and a Level 1 Certificate in Coaching Rugby Union. Limited places - Don't miss out!

▲ Taking part in 'Give Sport A Go' at St. George's Pe-School

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For 0-11 year olds

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Want an affordable independent education in a leading prep school?

(Ranked 49th in The Sunday Times Parent Power ranking of the Top 100 Preparatory Schools in the country)

OPEN MORNING
Saturday 7th March
9.30am - 12.30pm

Contact us for more information:
Tel: 01460 63234
Email: office@chardschool.co.uk

www.chardschool.co.uk

HOLYROOD

HERE at Holyrood we welcome you to a caring but independent sixth form where individual programmes are created to meet your needs. Carrying on from your achievements at GCSE, Holyrood Sixth Form strives to take you to the next level and help you excel in the subjects and additional activities you choose to take on. This is an exciting time in your life where you will consider how to pursue your interests to enter the world of employment, apprenticeship or university.

WHAT OTHERS HAVE SAID

Quality staff, great friendly atmosphere and all the support you could ever need.

The teachers really care about us and our education.

I feel like I'm cared about, I'm not just a number here.

Holyrood allows me to do all the subjects I want, in a familiar setting.

I wanted to learn in small classes with teachers and people i know.

It's a friendly environment where you get one-to-one interaction with the staff.

Applications are still being accepted for September 2015

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www.holyroodacademy.com

Early Learning & Further Education

Queen's College

QUEEN'S College have launched an exciting, innovative programme aimed at some of the most academically gifted and talented boys and girls in the South West. INSIGHT provides free sessions to students in Year 5 designed to go beyond the basic school curriculum to excite and enthuse some of the most enquiring young minds. Courses in Science, Maths, English, Performing Arts, Business, Design and Technology, Modern Foreign Languages, Music, History and Food Technology are offered on Saturday mornings to students recommended by their schools. A spokesman for Queen's College said, "We have been absolutely delighted by the huge number of boys and girls applying to attend these courses. These gifted and talented young people have a real thirst for knowledge and we are giving them a stimulating and enjoyable experience. The emphasis is very much on having fun but also to take them well beyond the confines of the National Curriculum." For more information about the INSIGHT programme, contact the Admissions Department at Queen's College, admissions@queenscollege.org.uk .

St. George's Pre - School

ST GEORGE'S Pre-school is a thriving, happy and friendly pre-school located within the premises of Hinton St George First School. The pre-school is led by a qualified teacher and is open to children aged 2 to 5 years, helping them to begin their journey into education by learning through play and providing an amazing transition into school life.

The pre-school prides itself on its wonderful resources (money raised by our fantastic parent run committee!) and the provision of learning opportunities such as our link with a local organic farm which we visit regularly, visitors who come into pre-school (this week we had our hair done by Rachel the hairdresser) and our involvement with the school which includes attending church services and sports day.

We are now taking names for the 2015-2016 register so please give us a ring if you'd like to come and see us or visit our website www.saintgeorgespreschool.co.uk/

Local MP continues fight against South Petherton bank closure

LOCAL MP David Laws has responded to a lette from cheif executive of RBS, Ross McEwan, regarding the planned closure of the NatWest branch in South Petherton.

Mr Laws, Liberal Democrat MP for the Yeovil constituency, has written to the RBS chief to highlight the entirely "unsatisfactory" consultation process run by RBS, and the bank's clear determination to ignore very "strong public resistance" to the closure. He has also highlighted the three different sets of data on branch transactional volumes given out by the bank over the last two months.

Commenting, Mr Laws said: "From the very start of this process, when RBS announced plans to close the NatWest branch in South Petherton, the bank has shown a real determination to ignore local residents' views about these proposals. RBS have also chosen to ignore the facts they were presented with in writing and at the public meeting we held in South Petherton at the end of last year.

"Despite telling local residents, when they closed the branch in Martock a few months previously, that they would be able to use the branch in South Petherton, RBS have pressed ahead with this closure in what is considered to be bad faith.

"The bank has also failed to give us timely, accurate branch transaction figures which they have used to explain and justify this decision. We have been given three different explanations of transaction data, and we are still not in a position to make an appropriate judgement on what this tells us.

"First we were told transactions at the branch were falling, then that they were rising and now that they are flat. This is hopeless in terms of making evidence based decisions.

"What there was of a consultation process has been incredibly unsatisfactory, and has only served to highlight the Bank's obvious desire to press ahead with this closure at all costs, ignoring local residents' opinions and fears.

"I have written to the bank again to make my views on this clear and to challenge the way this is being dealt with by the bank."

Got a story for the Weekender? Call Anders Larsson on 01297 631120 or 01297 446152 or email anders@tindlenews.co.uk

Cold, damp properties the biggest concern for housing standards team during winter

COLD, damp houses, overcrowding, disrepair, trip hazards and dangerous electrics are just some of the different types of issues that South Somerset District Council's Housing Standards Team have to deal with on a daily basis.

Excessive cold in a property, which can cause hypothermia, is the biggest problem the team face this time of year. Poorly heated and insulated properties can result in damp, condensation and mould. Every year an increased number of elderly residents die during episodes of exceptionally cold weather.

Team leader Martin Chapman said: "By thinking carefully about how you use your accommodation you can avoid some of these problems. For example, rather than turning your heating on full, gradually increase the temperature so the walls heat up slowly. This reduces condensation on walls and the chances of damp and mould developing.

"You should also keep your house well ventilated and try and reduce the amount of damp washing around the house. You should also ensure your property is well insulated. We can advise on home improvement loans or grants that are available to assist with this if you don't know where to start."

SSDC's Housing Standards Team mainly inspects houses and flats in the private sector to ensure they meet statutory requirements and are fit for habitation.

When inspecting properties the team look for things such as trip hazards that result in falls on stairs due to no hand railings etc. Hip and other bone fractures as a result of falls by the elderly result in a huge cost to the NHS.

Likewise, it is important to ensure there are adequate window restrictors in place when small children are present to prevent falls from windows. Electrical problems such as sparking plugs and sockets falling off walls are also regularly investigated. Carbon monoxide poisoning is another issue dealt with by the team.

More people in bedsits

The team also inspects bedsit accommodation, known as Houses of Multiple Occupation (HMOs), to ensure they are kept up to standard. With increased housing pressure more and more young people live in shared bedsit accommodation and it is important to ensure that standards are maintained. Officers ensure these types of properties have an adequate number of facilities for the residents and are provided with adequate means of escape in case of fire.

Plans for potential new HMOs should be sent by landlords to the Housing Standards team so that they can give their professional opinion and possibly suggest amendments to ensure the property is safe and well designed. It is always good practice for HMO owners to consult with the team before doing any work so as to avoid having to do further work later on.

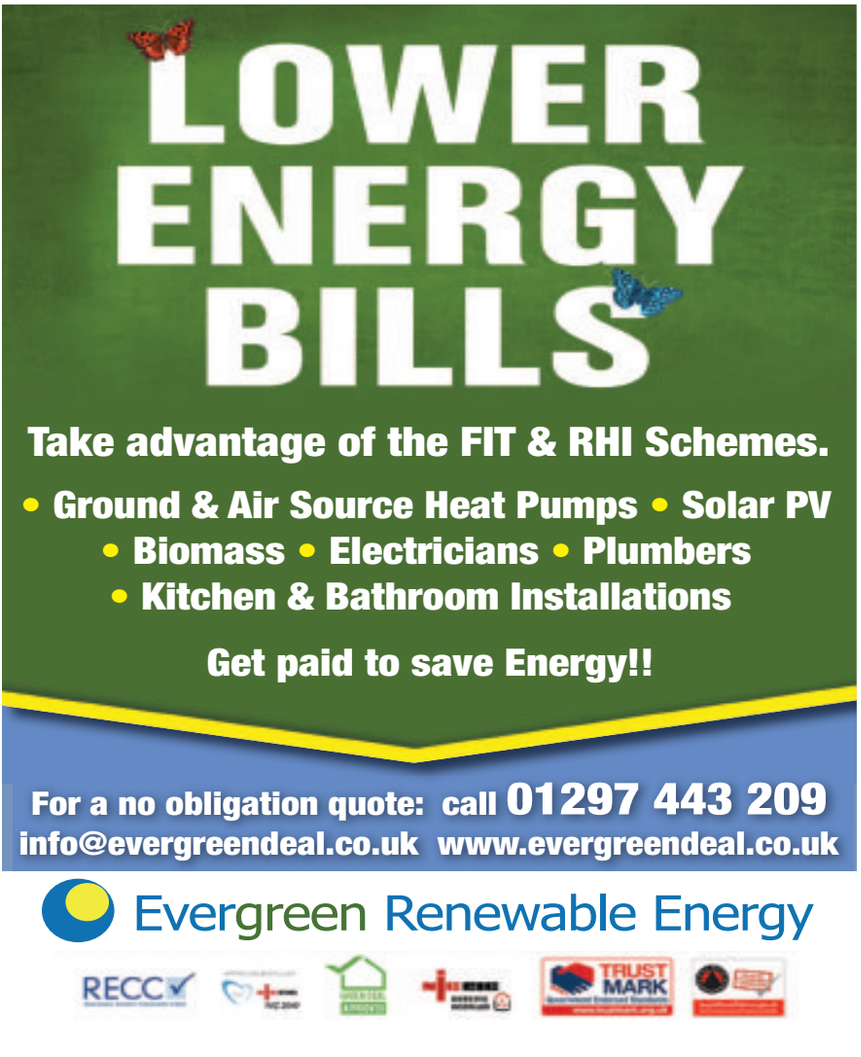
All HMOs are regularly inspected by members of the team. The team also meets regularly with landlords at SSDC's landlord's forum to explain the latest changes in legislation, etc. and help them in making applications for the licensing of their HMOs.

Speaking about the work of the Housing Standards Team in South Somerset, Councillor Peter Seib, Portfolio Holder for Environmental Health, said: "With increasing housing pressure it is important for us to work with private landlords to ensure everyone is provided with a good standard of accommodation. Likewise we need to ensure that private homeowners get the help they need to ensure their homes are kept in good repair.

"The Housing Standards team is here both to help where help is required and to enforce relevant legislation as necessary to ensure that standards are maintained".

The team works in partnership with Wessex Homes Improvement Loans, a not-for-profit organisation, to assist homeowners to make essential repairs, adaptations or improvements to their homes. A loan can be provided to fix damp or roof problems, rotten windows, broken boilers or to provide insulation as well as other essential repairs.

If you have any concerns about where you live please contact the Housing Standards team on 01935 462462 or send an email to private.housing@southsomerset.gov.uk



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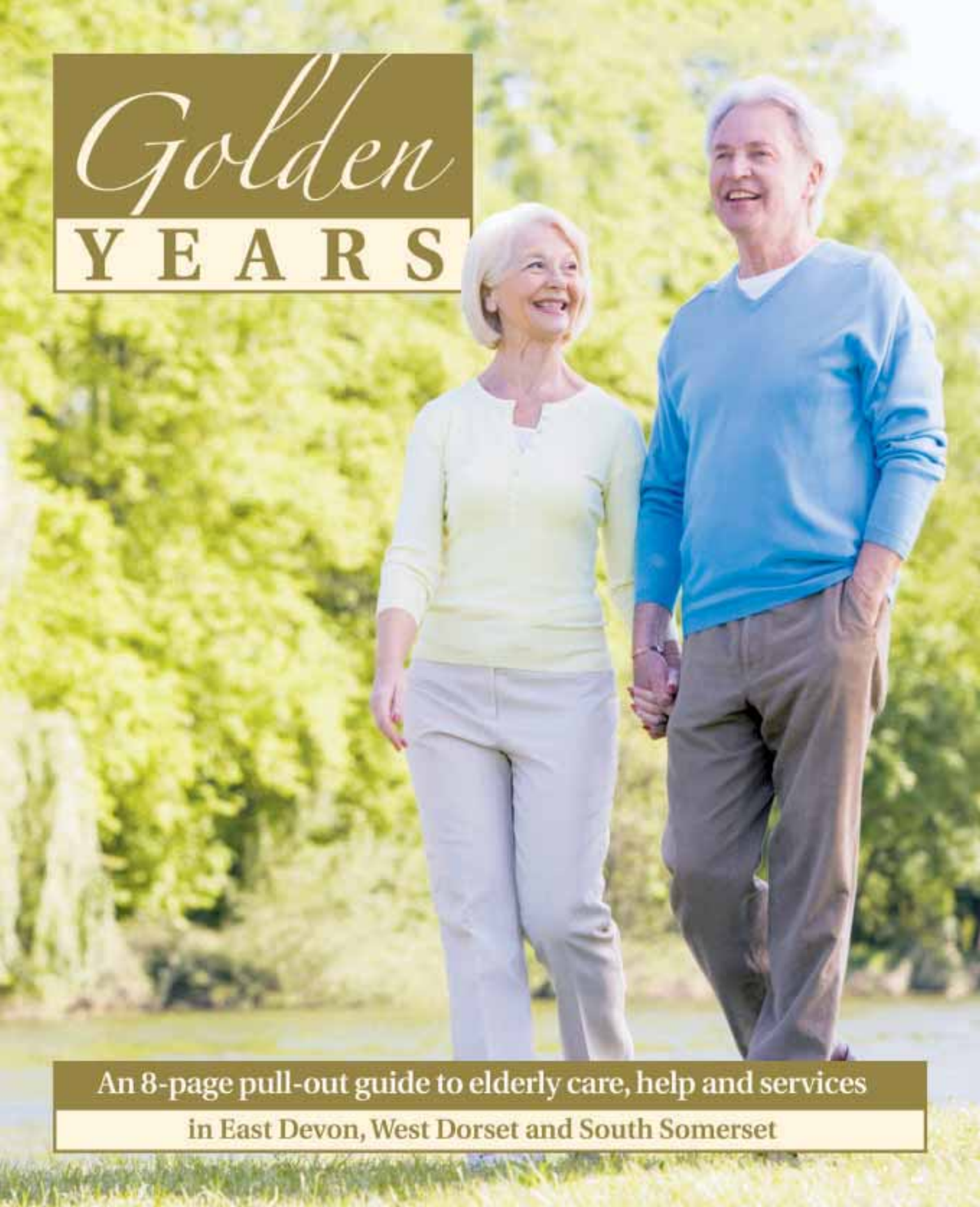

An 8-page pull-out guide to elderly care, help and services

in East Devon, West Dorset and South Somerset

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This is reflected in our unique Care Match service which provides a totally flexible range of options and approach to the level and style of care that meets the need of the individual. In getting the right care we always take into account the importance of the overall environment for our residents as well as the professional care in giving them a positive and enriched experience.

All our residential and nursing care homes have social areas inside and out, with gardens and outdoor spaces that provide residents an opportunity to continue to enjoy the company of others and participate in a game of cards or and art class or an exercise session.

For those looking to stay within their own familiar surroundings we offer a broad range of home based care from as little as an hour a week to full live-in provision to provide company as well as support and help with everyday activities.

For more details of our Care Match service and for an altogether better care see www.altogethercare.co.uk or call 01305 300161

Fairfield House

AT FAIRFIELD House the staff use their skills and training to help our residents have balanced and nutritious meals. Many people as they get older struggle with eating for various reasons, loss of appetite, difficulty swallowing, difficultly holding cutlery…

There are lots of ways to stimulate appetite and interest in food and drink. Knowing the person will help, as everyone has their own routines, preferences and needs. You will also have a better idea about their likes and dislikes. It's also important to think about what they can physically manage.

Our Chef prepares a choice of home cooked food, which looks and smells tempting. The aroma of cooking coming from the kitchen will help stimulate appetite and he provides a variety freshly baked breads for people to enjoy while lunch is being served. Regular snacks or small meals are provided throughout the day and night.

It is important to provide food the person likes. Try not to overload the plate with too much food; small and regular portions often work best. We also use coloured plates and cups for those people who may have a smaller appetite, as this can increase appetite.

At Fairfield House we have activities such as "smoothie socials' and "fruity Fridays", our residents enjoy this and it's good to use eating and drinking as an opportunity for activity and social stimulation.

As we get older our food tastes may change, so experiment with stronger flavours by using spices and herbs .If you do consider pureed food, seek advice from a dietician or speech and language therapist to make sure it's nutritious and remains flavoursome.

We encourage people to get involved at mealtimes. They can help prepare the food or lay the table. Positive encouragement and gentle reminders to eat, and of what the food is, may help. As can a relaxed, friendly atmosphere with some soft music may help.

Fish and Chip Friday at Fairfield House

OUR Head Chef Paul Fenner, before joining Fairfield House in 2008 successfully ran his own bistro. Paul's specialty is seafood, hence fish and chip Friday is not only immensely popular with our residents but also tends to be a busy day for visitors who enjoy Paul's delicious fish and chips.

Freshly caught fish from Lyme Bay encased in a bubbly but crisp batter served simply with thick cut chips and a slice of lemon is the perfect end to the week.

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Care Match available throughout Dorset and South Somerset. Care Homes located in Dorchester, Maiden Newton, Weymouth and Yeovil.

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Altogether Care

Fairfield House
Residential Care Home
Lyme Regis, Dorset

At Fairfield House carers put residents at the heart of everything they do.
We provide bespoke care for each resident, bearing in mind their past and present.
Residents can take part in a wide range of activities, sit back and enjoy the entertainment programme or relax in our beautiful gardens taking in the stunning views over Lyme Bay.

We also offer respite and day care packages in a comfortable and relaxing environment.

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website: **www.fairfieldhouse.co.uk**

Tips for coping with change

FOCUS on the things you're grateful for. The longer you live, the more you lose. But as you lose people and things, life becomes even more precious. When you stop taking things for granted, you appreciate and enjoy what you have even more.

• Acknowledge and express your feelings. You may have a hard time showing emotions, perhaps feeling that such a display is inappropriate and weak. But burying your feelings can lead to anger, resentment, and depression. Don't deny what you're going through. Find healthy ways to process your feelings, perhaps by talking with a close friend or writing in a journal.

• Accept the things you can't change. Many things in life are beyond our control. Rather than stressing out over them, focus on the things you can control such as the way you choose to react to problems. Face your limitations with dignity and a healthy dose of humor.

• Look for the silver lining. As the saying goes, "What doesn't kill us makes us stronger." When facing major challenges, try to look at them as opportunities for personal growth. If your own poor choices contributed to a stressful situation, reflect on them and learn from your mistakes.

• Take daily action to deal with life's challenges. When a challenge seems too big to handle, sweeping it under the carpet often appears the easiest option. But ignoring the problem doesn't make it go away; it allows both the problem and your anxiety to build. Instead, take things one small step at a time. Even a small step can go a long way to boosting your confidence and reminding you that you are not powerless.

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ESTABLISHED in 1996, Active Mobility has combined a desire to deliver the best possible service and the highest quality products, earning a respected reputation and a faithful customer base. Active Mobility has a desire to offer honest advice and expert knowledge to their customers, enabling them to make wise and informed choices when they buy.

We work closely with the Dorset wheelchair services and also the Dorset County Health & Social Care departments. With whom we supply community equipment and offer a delivery service for Dorset issued prescriptions.

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Registered with the community equipment dispenser body CED. We work closely with NHS professionals and assessment centre's offing advice & demonstrations and stock a large range of equipment for sale & also hire.

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Motability

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Tips for eating well as you age

AS YOU age, your relationship to food may change along with your body. A decreased metabolism, changes in taste and smell, and slower digestion may affect your appetite, the foods you can eat, and how your body processes food. The key is to figure out how to adapt to your changing needs. Now, more than ever, healthy eating is important to maintain your energy and health.

. Load up on high-fiber fruits, vegetables, and whole grains. Your whole digestive system does slow as you age, so fiber is very important. Consume fiber-rich foods such as whole grains, fruit, and vegetables. They will help you feel more energetic and give you fuel to keep going.

. Put effort into making your food look and taste good. Your taste buds may not be as strong and your appetite may not be the same, but your nutritional needs are just as important as ever. If you don't enjoy eating like you used to, put a little more effort into your meals, including the way you flavor, prepare, and present your food.

. Watch out for dehydration. Because of physical changes, older adults are more prone to dehydration. So make sure you are drinking plenty of fluid, even if you don't feel thirsty. If you're not getting enough water, you're not going to be as sharp and your energy will suffer.

Make meals a social event. It's more enjoyable to eat with others than alone. If you live alone, invite other people over. It's a great way to stay in touch with friends and you can share cooking and cleanup duties.

Netherhayes Care Home

NETHERHAYES is Seaton's premiere Care Home and has been successfully caring for the elderly since it was purchased by the present partnership in 1993. It is the Care Management team's focus on achieving the highest standards possible that have built Netherhayes' reputation as a forerunner in the provision of care for the elderly in East Devon.

Helping you choose the right care

Choosing the right Care Home for oneself or for a dear relative must be one of the most difficult decisions to make. Often this decision has to be made as a result of circumstances just when emotions are running high and it can all be very overwhelming.

The team at Netherhayes Care Home are there to help in making that decision easier. They are able to offer confidential, practical advice and support. Our friendly team of staff are available at any time to discuss queries or concerns you may have. Visits can be arranged if you would like to see around Netherhayes Care Home and the landscaped grounds.

The home is situated in the centre of Seaton Town, with views from the lovely garden over the Axe Valley to the golf course and the cliffs beyond.

"We are totally committed to the comfort and quality of care for each resident and the individual is of prime importance at Netherhayes Care Home ". Our Home prides itself on offering highly professional care with a personal touch.

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LYME Bay Law provides a fresh, friendly and personal approach to clients seeking advice and assistance to deal with their private legal matters confidently. Our service is designed to suit your needs and expectations in a comfortable environment and, going back to basics, on a one to one basis. We favour personal meetings to ensure that we have a clear understanding of the advice you require, the outcome you seek and how that might best be obtained.

We prepare wills, Powers of Attorney, Applications for Deputyship Orders, ap- plications for Grants of Probate and deal with the administration of Estates and care management. Just so you are aware there is currently a 12 week backlog at the Office of the Public Guardian for registration of Lasting Powers of Attorney so if you are consid- ering putting one in place best to act sooner rather than later.

We are open Saturday mornings for convenience and no appointment is necessary, just call in anytime. We also offer free home visits. Our fees are very competitive with no VAT so contact us for a no obligation quote, you will be pleasantly surprised at the savings.

▲ Elaine Gamwell

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Bymead House

BYMEAD House Nursing & Residential Home in Charmouth has been owned by Susan Blacklock - a qualified nurse with a background specialising in Community Nursing - for 20 years.

Her philosophy is to provide truly individual and therapeutic support including complimentary therapies such as acupuncture, to whatever degree is wanted or required.

She has always believed that this support should extend to the families and friends of those living at Bymead House as they form an important integral part of the care network within the home.

Bymead has always been proactive with the care provision and facilities on offer to the residents.

We continue to work towards the 'Gold Standards Framework in Care Homes', this will enhance the excellent care we already provide and is part of a national initiative to achieve the best quality of life for our residents particularly towards the end of life.

A very important part of the support Bymead provides is their extensive activities programme.

In line with their philosophy of holistic care, these activities are tailored to suit the individual needs of their residents.

The varied weekly programme reflects hobbies the residents may have had in their previous home and any new interests are encouraged and supported. Also outings to favourite destinations are chosen by the residents.

Sue Bartlett-Hall, activities co-ordinator, has been instrumental for many years in taking forward Susan Blacklock's vision of the therapeutic importance of social activities in relation to the happiness and wellbeing of people living within a care home.

Using local suppliers has always been important to Bymead House, this ensures that Bymead have frequent deliveries of fresh local produce each week enabling them to provide a varied, nutritious and tasty menu and special diets are also catered for.

Bymead continues to grow and develop as a vital care provider in the community.

Residents are encouraged to make the rooms their own personal space with favourite pieces of furniture, pictures and paintings.

All bedrooms are single and most are en-suite whilst each room has a telephone and television

Bymead House would welcome any visits to the home, at any time, to see the benefits on offer.

Our new website has some lovely photos of the newly decorated areas; you can find this at bymead-house.com

All enquiries please telephone the Manager, Sue Blacklock on (01297) 560620 or e-mail bymead-house@gmail.com

BYMEAD HOUSE NURSING & RESIDENTIAL HOME
Axminster Road, Charmouth. Dorset DT6 6BS
Director Susan Blacklock RGN NDN RHV

For further details or to arrange a visit please contact the Registered Manager
Sue Blacklock on 01297 560620
e-mail bymeadhouse@gmail.com
www.bymeadhouse.com

Stay at Home Services

YOU may be used to handling everything yourself, dividing up duties with your spouse, or relying on family members for help. But as circumstances change, it's good to be aware of all the home services available that might be able to help you with. I am fully qualified and have 22 years experience in social care. What you may need depends on how much support you have, your general health, and your financial situation.

Stay at Home services aims to help to stimulate and encourage active lives, I am available to accompany you to social activities and appointments and read and write your correspondence.

Keeping a household running smoothly takes a lot of work. If you're finding it hard to keep up, I can help with shopping, housekeeping, preparing meals and dog walking. If you're having trouble staying on top of bills and appointments, financial and healthcare management I may also be able to assist.

Stay at Home Services can support with personal activities of daily living, such as dressing, bathing and feeding

Should you feel you may benefit from Stay at Home Services please contact me for free friendly advice on 01297 598457 or 07800 947628 or email karen andrews2@hotmail.co.uk

Stay at home services
free friendly advice
22 years experience in social care
ENHANCED DBS
Karen Andrews
01297 598457 / 07800947628
karenandrews2@hotmail.co.uk
24 Elizabeth Road, Seaton, Devon EX12 2DR

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We are open Monday to Saturday 9.00am to 4.00pm so come and see us or call us on 01460 271172. We also have a website: www.regencycareandmobility.co.uk.

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The Manor House

THE Manor House is run as a small family home with the emphasis on the provision of quality individual care in a comfortable, safe and cheerful environment. The organisation and management of the home are the means to achieve that end.

Dr. S.H. and Mrs. S.E.C. Curry have owned, managed and resided at The Manor House since April 1996.

Dr. Curry is a chartered psychologist with many years experience dealing with the rehabilitation of brain-injured individuals, whilst Mrs. Curry is an RGN with many years of specialist practice. Her experiences as ward Sister have been invaluable training in the management of staff and resources.

The Manor Houses latest Care Quality Commission inspection report was rated as a 3 Star or Excellent Care Service. The Manor House is a private residential care home which strives to provide the highest standard of care and permanent accommodation for 15 elderly individuals.

At The Manor House it is their aim to provide individual care in a comfortable, safe and cheerful environment where residents' individuality, privacy, dignity and freedom are respected.

At any point in time The Manor House will have between 14 and 18 members of staff additional to the proprietors. The proprietors fully recognize the crucial role that staff play in the welfare of the residents and therefore have had a long-standing commitment to continuous staff development and training. This is evidenced by the high level of staff qualification.

Please visit our website, where you will find all the information you need to determine if our home would be suitable for you or your relative. However; if you feel you need any additional information about any aspect of life in our home, please feel free to contact us at any time.

If you are able, we would like you to visit so we can show you what our home has to offer you or your relative.

How to feel young and live life to the fullest

STAYING healthy and feeling your best is important at any age and that doesn't change just because you have a few more grey hairs. As we grow older, we experience an increasing number of major life changes, including career changes and retirement, children leaving home, the loss of loved ones, and physical changes. How we handle and grow from these changes is the key to staying healthy. These tips can help you maintain your physical and emotional health and live life to the fullest, whatever your age.

Finding and following your formula for staying healthy

Coping with change is difficult, no matter how old you are. The particular challenge for adults over 65 is the sheer number of changes and transitions that start to occur—including children moving away, the loss of parents, friends, and other loved ones, changes to or the end of your career, declining health, and even loss of independence. It's natural to feel those losses. But if that sense of loss is balanced with positive ingredients, you have a formula for staying healthy as you age.

Healthy aging means continually reinventing yourself as you pass through landmark ages. It means finding new things you enjoy, learning to adapt to change, staying physically and socially active, and feeling connected to your community and loved ones. Unfortunately, for many, aging brings anxiety and fear instead. How will I take care of myself late in life? What if I lose my spouse? What is going to happen to my mind? However, many of these fears stem from myths about aging that are exaggerated by the media or simply untrue. The truth is that you are stronger and more resilient than you may think.

Daley Home Care

DALEY Home Care, the registered Domiciliary Care Agency, is helping clients from Lyme Regis to Dorchester to remain independent in their own homes. The team of friendly, personable carers are all highly trained, complementing their experience, (all have enhanced CRB disclosure) and guided by Registered Manager Julie Daley, who has a wealth of experience of the care industry. Julie also runs a 3 star rated Care Home and Domiciliary Care Agency in Shropshire and with fellow director Mark Roberts is now replicating these excellent standards in West Dorset.

We Care For You by Caring About You is Daley Home Care's simple message and sums up the company ethos. They are able to offer a full range of services, from personal care and help with domestic tasks to full palliative care. Helping clients regain their independence after hospital treatment and getting them to appointments and social events are all included. Daley Home Care is dedicated to providing the very highest standards of care 365 days a year, and their charges reflect this, being the same every day, ensuring every client enjoys the dignity and respect they deserve. Contact Daley Home Care on 01308 898 345 or email daley homecare@btconnect. com

Chair Choice

CHAIR Choice is a family business, established in 2001 and run by Keith & Gail McKenna. Keith is the third generation of his family involved in the furniture trade so you can be sure of expert and helpful advice with personal service.

As we advance in years we tend to sit down a little more and appreciate the benefits of a 'nice comfortable chair'. At Chair Choice you can see and try before you buy, with over 18 electric lift recliners, over 25 wing and fireside chairs and over 25 manual recliners on display (as well as 10 suites and numerous occasional chairs) there is something for everyone. There is no rush, we can guide you as required but you can take as much time as you like to choose the style, size and fabric that suits you. However if you do need a chair in a hurry many are available from stock for a quick delivery.

Chair Choice is located on the A358, 52 Furnham Road in Chard just along from B&Q. We have ample parking with easy level access to all parts of the showroom. So come and visit us today and you will soon be sitting comfortably!

Shire House

SHIRE House Residential Care Home can be found in the world famous seaside town of Lyme Regis, Dorset. Overlooking Lyme Bay and the Jurassic Coast. We welcome respite care, day care and long term care. Socal Services funded residents are welcome.

The majority of our friendly staff and carers have NVQ in care who also provide excellent choice of meals.

It retains all the original character of an Edwardian building with picturesque gardens, and our residents are able to enjoy spacious accommodation with modern facilities.

SHIRE HOUSE
Residential Care Home

With a view to your future

En-suite rooms currently available

Sidmouth Road, Lyme Regis, Dorset DT7 3ES
Telephone 01297 442483 or 07858425541
Email: shire@sentrycare.co.uk
Website: www.sentrycare.co.uk

Lovely Lunches

FOR those people wishing to eat well whilst staying in their own homes, Lovely Lunches provide a unique service. The food is all locally sourced and freshly cooked every morning before being delivered to customers, hot, in china dishes, all ready to eat. No need for freezers, microwaves or helpers. The varied healthy and nutritious seasonal menus are sent out fortnightly, with care being taken for those on special diets. Perfect for anyone no longer wanting to cook for themselves, during illness or whilst convalescing.

For more details and a copy of the menu, please phone 01308 459666.

The Manor House
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We Care For You by Caring About You
Daley Home Care, backed by years of the very highest quality experience, is ready to look after you.
Whatever your needs, our superbly trained carers will ensure the dignity and respect you deserve as we assist you to remain independent in your own home.
From a simple check call to full palliative care we provide the very best service every day of the year, at the time and frequency that suits you.
We offer a complete range of services from personal care to cleaning, cooking and shopping.
Contact Mark Roberts or Julie Daley
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daleyhomecare@btconnect.com

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Tips for boosting vitality

DON'T fall for the myth that growing older automatically means you're not going to feel good anymore. It is true that aging involves physical changes, but it doesn't have to mean discomfort and disability. While not all illness or pain is avoidable, many of the physical challenges associated with aging can be overcome or drastically mitigated by eating right, exercising, and taking care of yourself.

It's never too late to start! No matter how old you are or how unhealthy you've been in the past, caring for your body has enormous benefits that will help you stay active, sharpen your memory, boost your immune system, manage health problems, and increase your energy. In fact, many older adults report feeling better than ever because they are making more of an effort to be healthy than they did when they were younger.

The Koppers, Quality Care with Dignity & Respect

A RESIDENTIAL Care Home specialising in the care of people with Dementia set in one of the most beautiful East Devon villages.

The owners have a wealth of experience in the care of the elderly with complex care needs, long standing mental health problems and severe communication disabilities. They manage, lead and support a dedicated, well trained team of staff and provide a 24 hour person-centred care in a secure environment.

Our Gold Standards which cover all aspects of our work, are Choice, Dignity, Compassion, Respect, Relationships and Friendship.

The Home features a spacious Day Activity area, dining room, relaxation/quiet lounge and patio. Bedrooms are on the ground and first floor, which is accessible by chair lift. Single and double rooms are fitted with hand basins, en suite facilities, some with shower/wet room, television point and up to date 'On Call' system. Personal possessions are welcomed at the owners' discretion and health and Safety regulations.

Meals are offered from a balanced and varied menu, offering choice and delights. Special diets are catered for by excellent home cooking this is locally sourced. Soft drinks and snacks are readily available throughout the day and night.

The gardens and grounds are a delightful pleasure; residents can enjoy the lovely lawns, seasonal flower beds, shrubberies and terraces including Green Houses and Vegetable plots, tendered with loving care.

The amenities of Kilmington offer opportunities for day to day activities and social inclusion. A friendly community and annual fete and flower show, the local Shop/Post Office, Church, Village Hall, and Village Green with a bubbling stream running through makes for an idyllic and peaceful place.

Our activities organiser promotes and encourages a wide range of stimulating activities and outings relevant to the individual, and wherever possible, links with the local community for outings and social inclusion.

We also offer Respite Care.

For further details or to arrange a visit, please telephone The Koppers on 01297 32427. We look forward to meeting you.

The Koppers

A Home From Home - Quality Care with Dignity & Respect

The Street, Kilmington, Axminster, Devon EX13 7RJ

Tel: 01297 32427 www.the-koppers.co.uk

Proprietors Mr & Mrs Baksh

Dignity at the Heart of Everything We Do

Scott Rowe

PLANNING for later life and retirement can seem complicated and overwhelming.

At Scott Rowe we understand that many people would rather not think about making a Will. However, making one will ensure that your wishes are carried out, utilising any tax benefits available.

If you die without a valid Will then you are said to have died 'intestate'. It can leave your family with a financial and administrative burden when establishing who the true beneficiaries are, and people who you wished to benefit may miss out.

You may also consider making a Lasting Power of Attorney, to be used by people you nominate to handle your affairs for you, should you become unable to. This can cover your financial future and your personal and welfare decisions whilst you are alive.

We can also advise you on how to fund possible future care, including equity release schemes, and on buying or selling your home if you are looking to move house in the future.

Over 98% of our clients recently surveyed say that we provided a good quality service and that they would recommend us to others. We are friendly and easy to talk to, and we can arrange home visits if that is easier.

Scott Rowe

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www.scottrowe.co.uk

Oak Lodge Care Home

Dignity is a basic human right, not an optional extra

PHYSICAL comfort is just one measure of quality of lifestyle. Your needs, your preferences, and your well-being are what come first at Oak Lodge. The house is registered to provide personal and nursing care for older people, with a very successful, separate area dedicated for the provision of specialist dementia care. Twenty-four hour cover is provided by a qualified, experienced and committed care team. They have recently been individually recognised as a company and a home, for their high standards and attention to detail that differentiates Oak Lodge from other homes. Oak Lodge isn't just a place to stay, but a place to call home.

At Oak Lodge we believe that another important aspect of maintaining our high standard of accommodation is redecoration when it is needed. Many of our rooms have been refreshed in recent months, including our new quiet room. This is a beautifully decorated lounge area with views of the garden where residents may spend time with visiting loved one, or simply relax.

Staff at Oak Lodge are also supporting the national initiative of Dignity Champions. A Dignity Champion is someone who believes passionately that being treated with dignity is a basic human right, not an optional extra. They believe that care services must be compassionate, person centred, as well as efficient, and are willing to try to do something to achieve this.

Please don't hesitate to call for advice, or for an information pack, with no commitment necessary. Our telephone number is 01460 67258.

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CHARD, SOMERSET TA20 2HN

Wiltshire Farm Foods

Why thousands of customers are choosing Wiltshire Farm Foods' frozen meal delivery service

FOR people who want to enjoy life to the full, there's not always enough time in the day to prepare a meal from scratch or go shopping. With a delicious range of frozen meals delivered directly to the front door, Wiltshire Farm Foods is here to help people eat well and look after themselves in their own home, whatever their plans.

Wiltshire Farm Foods' award-winning chefs and dietitians have cooked up a range of over 260 delicious dishes – from breakfast through to lunch, afternoon tea and an evening meal. Each meal is prepared in the Wiltshire kitchens using quality ingredients that are selected from carefully approved suppliers, before being frozen straightaway to lock in the freshness.

Convenience is a big part of the Wiltshire Farm Foods' service. All meals can be ordered over the phone, online or by post. They're then delivered directly to your front door for free by a friendly, police-checked delivery driver, who is always happy to stack meals away neatly in the freezer.

When you're ready to eat, simply remove the meal you fancy and pop it straight in the microwave or oven to cook from frozen in a matter of minutes. There's no preparation, no pots and pans, just delicious meals to be enjoyed in your own home, in your own time.

Another big benefit of Wiltshire Farm Foods is that the service is completely commitment-free – customers can order as much or as little as they like, whenever it suits them. And with main meals starting at just £2.95, they offer good value as well as nutrition and flavour.

Enjoying life and eating well has never been easier.

For more information about Wiltshire Farm Foods in Blandford, you can contact 01258 480180 or visit wiltshirefarmfoods.com for a free brochure.

Wiltshire Farm Foods.
Just heat, and eat.

Chicken & Vegetable Casserole **£2.95**

It really is that easy. A conventional oven or a microwave will do the job, just leaving you to enjoy!

We offer a choice of over 260 tasty dishes, including special diet options. Our meals are created using carefully selected ingredients, frozen and then delivered with free delivery by your local team. They can be stored in the freezer and cooked in minutes.

What's more there's no commitment. Order what you want, when you want. Mealtimes taken care of. Simple.

Introductory Menu Pack only **£19.95**
5 main courses with vegetables: • Roast Pork in Apple Gravy • Shepherds Pie • Steak & Kidney Pie • Chicken & Vegetable Casserole • Bangers & Mash
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Order code IN4

Main meals from **£2.95**

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Wiltshire Farm Foods
taking care of mealtimes

weekender life

arts & entertainment

25 years and counting!

BEN Waters recently found a gig list from 25 years ago - he'd forgotten that he'd been on the road so long! Since then Ben's name has become synonymous with excellent performance. His raunchy vocals and exuberant style have earned him a superb reputation as one of the genres finest performers. His own style has evolved from his musical roots, and he is widely acknowledged as one of the most exciting piano players in Europe today. Ben's live shows have been compared to Jerry Lee Lewis, Little Richard and Jimi Hendrix.

To celebrate this he's playing some solo shows using that same 25 year old set list - some great nostalgia for long time Ben Waters fans!

Ben Waters performs at the The Barn at Square+Compass, Windmill Hill TONIGHT (Friday, January 23rd), doors open 8pm.

Tickets are £10 in advance from the venue or by calling 01823 480467, or from Black Cat Records (Taunton). Tickets on the door are £12.

Hay Fever at the Warehouse

ILMINSTER Entertainments Society present *Hay Fever* at The Warehouse Theatre, Brewery Lane, Ilminster between February 4th - 7th.

The names are Henry Wilson (who plays the 'proper diplomat' Richard Streatham) and Alison Haines (playing lead role Judith Bliss 'recently resting stage actress').

This popular light hearted Noel Coward play makes fun and social observations of it's time, 1925. Set in the family home of author and actress David and Judith Bliss and their two young adult children. Worlds collide as unbeknown, each family member has invited a house guest for the weekend. Will Clara the housekeeper be able to keep up with the extra visitors?

Tickets are £9, £8 for concessions, and £7 for children, available from Lanes Garden Shop, Silver Street, Ilminster, or by calling 07943 779880

HAY FEVER | Henry Wilson and Alison Haines

ANTIQUES AND VINTAGE COLLECTABLES FAIR

THE next Antiques and Vintage Collectables Fair takes place at Ilminster Arts Centre on Saturday, January 24th.

As always, visitors can expect a wide range of stalls selling everything from vintage china, furniture and textiles to glassware, antique jewellery and silver, plus a selection of collectables and curios.

In the Main Gallery we have the final day of our 2014 Open Prize Winners' Exhibition on display. This is always one of our most popular annual events so why not combine a browse around the antiques fair with a last look at the show before it closes. We also have a well-stocked Craft Shop and a vibrant Café (open until 3pm) making Ilminster Arts Centre the perfect place to relax and enjoy a leisurely Saturday.

The Fair is open from 9.30am-3.30pm. Entry is free to buyers.

If you are interested in having a stall, please call: 01460 54973.

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BEWERY LANE. ILMINSTER, TA19 9AD
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HAY FEVER
Presented by kind permission of Samuel French
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4th - 7th February 2015
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An exhibition of paintings, sculpture, textiles, glass, jewellery and ceramics by a newly formed group of artists.
A Tribute to Gerry Mulligan and Chet Baker - Karen Sharp & Sue Richardson with The Craig Milverton Trio
Friday 30 January 8pm
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An evening of the music made famous by the Gerry Mulligan Quartet. Award winning saxophonist Karen Sharp and trumpeter Sue Richardson are joined by IAC favourites, The Craig Milverton Trio
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Diary Dates

UNTIL SATURDAY JANUARY 23RD

CREWKERNE: CUDOS Pantomime - Robin Hood and Babes In The Wood by Alan Frayne at the Victoria Hall. 7.30pm nightly and matinee on Saturday at 2.30pm. Tickets £7, £6 concessions available from www.cudos.org.uk or 01460 74380.

FRIDAY JANUARY 23RD

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. £2pp includes teas and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

TATWORTH: Film: 'Effie Gray' (cert 12a), doors open 7.15pm, film 8pm. At Tatworth Memorial Hall. Organised by T&F Movies. For more details call 01460 220198.

ILMINSTER: Somerset Wildlife Trust Ilminster/Chard group illustrated presentation "Ditchwater isn't Dull!" Martin Drake formerly of Natural England will describe the wide range of invertebrates living in ditches on grazing marsh primarily on Somerset Moors and Levels. 7.30pm at Parish Hall, North St, Ilminster TA19 0DG. Everyone welcome £2 members, £3 non-members, no charge for children. Refreshments available.

CREWKERNE: Special "Burns" Lunch at Henhayes Centre – Please phone 01460 74340 for further details and to reserve your place.

SUNDAY JANUARY 25TH

CREWKERNE: A joint venture by Filmcrew/Wadham School French dept and Crewkerne and District Twinning Association. Starting at 12pm Showing 'Le Balloon Rouge' (The Red Baloon) followed by 'Les Choristes' (the Chorus). Both with sub titles. At Wadham School. French light lunch and refreshments. £5.00 per head. Tickets available from Crewkerne News in Falkland Square or by phoning 01460 75025

THURSDAY JANUARY 29TH

CLAPTON: Clapton & Wayford Village Hall, 7.30pm - local resident Anne Mosscrop will relate tales of her time as a young nurse working among Cree Indians. Entrance, £4 includes cheese & wine; proceeds to be shared between Christian Aid & Village Hall. All welcome; do come & join us for a most entertaining evening; Anne is well known for adding plenty of humour to her talks. Further information from 01460 74849

CREWKERNE: Folk Dancing at St Bartholomew's Church Hall, Abbey Street. Every Thursday, 8-10pm. Beginners welcome. For more details call 01460 77320 / 72505

FRIDAY JANUARY 30TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. £2pp includes teas and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

SATURDAY JANUARY 31ST

CREWKERNE: Breakfast and 100 Club Draw at Henhayes Centre 10am to 11.30am.

MOSTERTON: Parrett and Axe Primary School Table Top Sale - just like and indoor car boot sale! At the village hall, 10am-12noon. Lots of tables with with bargains. Bric-a-brac, books, clothes, toys and much more. Refreshments available.

WEDNESDAY FEBRUARY 4TH

CLAPTON: Clapton & Wayford Village Hall - sew, knit & natter, 10.30am, all welcome; details from 01460 72837.

THURSDAY FEBRUARY 5TH

CHARD: Chard Camera Club will be holding a Light Painting workshop run by their member Mr Drew Anderson at 7.30pm at the Baptist Church Hall Holyrood Street. Anyone wishing to go along for the evening will be made most welcome and they can find further information on the club by contacting the club's membership secretary Mr Peter Partridge 01460 66885 or by visiting their website chardcameraclub.org.uk.

CLAPTON: Clapton & Wayford Village Hall – C & W Film Society showing 'Grapes of Wrath', 8pm; refreshments/door from 7.30pm; new members always welcome, details from 01460 74849/30508

CREWKERNE: Folk Dancing at St Bartholomew's Church Hall, Abbey Street. Every Thursday, 8-10pm. Beginners welcome. For more details call 01460 77320 / 72505

FRIDAY FEBRUARY 6TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. £2pp includes teas and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

THURSDAY FEBRUARY 12TH

CHARD: Chard Royal Naval Association will be holding a 'Singalong a Shep' social at the Conservative club at 7.30pm where members will be entertained with the recording of the infamous antics and songs of the 60's to 80's by the old sea dog known as Shep Woolley. Anyone wishing to attend will be made welcome and further details of the association can be obtained by calling the Chairman Mrs Paula Moon 01460 929041 or via their official website at royal-naval-association.co.uk.

CREWKERNE: Folk Dancing at St Bartholomew's Church Hall, Abbey Street. Every Thursday, 8-10pm. Beginners welcome. For more details call 01460 77320 / 72505

FRIDAY FEBRUARY 13TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. £2pp includes teas and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

CLAPTON: Clapton & Wayford Village Hall - lunch club, mid-day for 12.30pm start. All welcome, but please book in advance – by phoning 01460 77057.

SATURDAY FEBRUARY 14TH

HINTON ST GEORGE: Hinton St. George 'Flix in the Sticks' presents 'A Most Wanted Man' (15), in the Village Hall at 7.30 pm. Tickets £5 in advance from the Village Shop and Dorothy's Tea Room, or, £5.50p on the door. To reserve Tickets please contact Bob Kefford on 01460 72563.

MONDAY FEBRUARY 16TH

CREWKERNE: Crewkerne Awareness February Meeting. Guest Speaker: David Wallace on 'Soul Re-Alignment'. At the Meeting Room, Unitarian Chapel, Crewkerne. 7pm-9.30pm. Admission £2.50 (Includes Light Refreshments). Everyone Welcome. For more details call 01460 351019.

WEDNESDAY FEBRUARY 18TH

CLAPTON: Clapton & Wayford Village Hall - Coffee Morning with Raffle and Bring & Buy stall. From 10.30am. All are welcome; please come along to meet friends, neighbours & visitors for a social morning. Contributions welcome; details from Jane (01460 77588)

THURSDAY FEBRUARY 19TH

CHARD: Chard Camera Club will be meeting at the Baptist church hall at 7.30pm for an in house competition evening where members will be competing against each other for the 'Presidents Portfolio' which comprises of three images on a theme or subject. Anyone wishing to go along for the evening will be made most welcome and they can find further information on the club by contacting the club's membership secretary Mr Peter Partridge 01460 66885 or by visiting their website chardcameraclub.org.uk

SEAVINGTON ST MARY: South Somerset Local RSPB Group. Talk 'The Wildlife and Sites of Southern Brazil', by Field Trip Organisers Lynn and Steve Osborne. At the Millennium Hall, 7.30pm. Entry, includes tea and biscuits: £2.50 for group members, £3.50 for non-group members and under 18s free. All welcome. For more details call 01460 240740.

CREWKERNE: Folk Dancing at St Bartholomew's Church Hall, Abbey Street. Every Thursday, 8-10pm. Beginners welcome. For more details call 01460 77320 / 72505

FRIDAY FEBRUARY 20TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. £2pp includes teas and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

TATWORTH: Film: 'What We Did On Our Holiday' (cert 12A), at Tatworth Memorial Hall, doors 7.15pm, film 8pm. Organised by T&F Movies. For more details call 01460 220198.

A TRIBUTE TO GERRY MULLIGAN & CHET BAKER

COOL jazz comes to town with an evening of the music made famous by the world-renowned Gerry Mulligan Quartet during the 1950s and 60s. This elegant, low key style of jazz will be interpreted by award-winning saxophone player Karen Sharp, and top British trumpeter Sue Richardson, accompanied by The Craig Milverton Trio.

Karen Sharp took up the tenor saxophone whilst studying composition at the Royal Northern College of Music. She has worked alongside top musicians such as Sir John Dankworth, the blues singer Elkie Brooks, and played in Humphrey Lyttelton's band. Karen took up baritone sax at Humphrey Lyttelton's urging and he described her playing as "one of the best sounds on the instrument to be heard on this planet".

Sue Richardson's trumpet style is inspired by the great Chet Baker. An accomplished musician & vocalist, she has played the London Jazz Festival, the 606 club and Ronnie Scott's. Her album Too Cool was listed in the Sunday Times 100 Best Records of the Year 2013. Sir Michael Parkinson is a fan.

Craig Milverton is one of Britain's top jazz pianists. He has played with a who's who of international jazz talent including Digby Fairweather and Scott Hamilton. His trio are much in demand, backing visiting American soloists at festivals, as well as being regulars at Ilminster Arts Centre!

A Tribute to Gerry Mulligan and Chet Baker takes place at Ilminster Arts Centre at the Meeting House on Friday, January 30th, 8pm. Tickets are £16, pre-show supper £12 at 7pm (must be pre-booked). For more details call 01460 55783, to book call 01460 54973, or visit www.themeetinghouse.org.uk

Karen Sharp

Sue Richardson

CINEMA LISTINGS

Friday, Jan 23rd - Wednesday, Jan 29th

ALL LISTINGS ARE SUBJECT TO CHANGE

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Daily: 14.00, 17.00, 20.00
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The Theory of Everything 12A
Fri-Wed: 13.50, 16.50, 19.50
Thu: 13.20, 16.10, 19.50
Into The Woods PG
Fri-Wed: 13.40, 16.40, 19.40
plus Sat & Sun: 10.45am
Thu: 13.40, 16.40
Wild 15
Fri-Sun, Tue, Wed: 12.30, 19.30
Mon, Thu: 12.30
Whiplash 15
Daily: 15.10, 17.50, 20.30
The Boxtrolls PG
Sat & Sun: 10.10am
The House of Magic U
Sat & Sun: 10.00am
Paddington PG
Fri, Mon-Wed: 17.10
Sat: 12.00, 14.30, 17.10
Sun: 12.00, 18.00
Annie PG
Sat & Sun: 11.00am
The Hobbit: The Battle of the Five Armies 12A
Fri, Mon-Wed: 13.50
Night At The Museum: Secret of the Tomb PG
Sat & Sun: 11.30am
A Most Violent Year 15
Daily: 14.20, 17.20, 20.10
plus Sat & Sun: 11.20am
Ex Machina 15
Daily: 13.10, 15.50, 18.30, 21.10
plus Sat & Sun: 10.30am
Mortdecai 12A
Daily: 12.20, 15.00, 17.40, 20.20
The Gambker 15
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Thu: 17.10, 20.00, 23.00
Annie PG Sat & Sun: 12.20
Birdman 15 Fri-Wed: 17.45
Boyhood 15 Fri, Mon, Tue: 12.00
Dolphin Tale 2 U Sat & Sun: 10.30am
Ex Machina 15 Daily: 18.20, 21.00
Foxcatcher 15 Fri, Mon-Wed: 12.00
Into The Woods PG
Fri-Wed: 14.20, 17.10, 20.00
plus Sat & Sun: 11.30am
Thu: 13.10, 16.00
Mortdecai 12A
Fri, Sat: 14.45, 20.15, 22.45
Sun-Thu: 14.45, 20.15
Night At The Museum: Secret of The Tomb PG
Sat & Sun: 10.15, 12.30
Paddington PG
Fri, Mon, Wed: 16.00,
Sat & Sun: 11.00, 13.30, 16.00,
Tue, Thu: 11.00, 16.00
Taken 3 12A
Fri, Thu: 15.30, 18.00, 20.40, 23.15
Sat: 12.50, 15.30, 18.00, 20.40, 23.15
Sun: 12.50, 15.30, 18.00, 20.40
Mon-Wed: 15.30, 18.00, 20.40
Testament of Youth 12A
Fri-Wed: 11.50, 17.30
Thu: 11.45, 11.50
The Gambler 15
Fri: 15.00, 18.00, 20.30, 23.00
Sat, Thu: 18.00, 20.30, 23.00
Sun, Tue: 18.00, 20.30
Mon, Wed: 15.00, 18.00, 20.30
The Grand Budapest Hotel 15
Fri, Mon-Wed: 12.00
The Imitation Game 12A
Fri, Mon-Thu: 13.15
The Penguins of Madagascar U
Sat & Sun: 10.15am
The Theory of Everything 12A
Fri-Mon, Wed: 11.45, 14.40, 17.30, 20.20
Tue: 11.00, 14.40, 17.30, 20.20
Thu: 14.40, 17.30, 20.20
Tinker Bell & The Legend of the NeverBeast U Sat & Sun: 10.00am
Whiplash 15 Fri, Mon, Wed: 12.30, 20.30, Sat, Sun, Tue: 20.30, Thu: 11.30
Woman In Black: Angel of Death 15
Fri, Sat: 22.45
Wild 15
Fri, Mon-Wed: 12.15, Thu: 12.45

This week's new cinema releases

Ex Machina

THE GAMBLER 15

LIT professor and gambler Jim Bennett's debt causes him to borrow money from his mother and a loan shark. Further complicating his situation is his relationship with one of his students. Will Bennett risk his life for a second chance?

Stars Mark Wahlberg, Jessica Lange and John Goodman.

MORTDECAI 12A

ART dealer Charles Mortdecai searches for a stolen painting that's reportedly linked to a lost bank account filled with Nazi gold.

Stars Johnny Depp, Gwyneth Paltrow and Ewan McGregor.

A MOST VIOLENT YEAR 15

IN New York City 1981, an ambitious immigrant fights to protect his business and family during the most dangerous year in the city's history.

Stars Oscar Isaac, Jessica Chastain and David Oyelowo.

EX MACHINA 15

A YOUNG programmer is selected to participate in a breakthrough experiment in artificial intelligence by evaluating the human qualities of a breathtaking female A.I.

Stars Domhnall Gleeson, Alicia Vikander and Oscar Isaac.

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For more information or to apply call Jackie on 01460 240375

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To apply call The White Horse on 01460 78873

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To apply email your CV and covering letter to ian.carney@barkingmad.uk.com

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A General Farm Worker is required to work on a progressive organic dairy farm near Crewkerne. Duties will include operating a feeder wagon and helping out with the day-to-day routine of the dairy cows. The position is full-time, with the possibility of overtime and additional days.
To apply send your CV and covering letter to Peter Rose, Coombe Farm, Crewkerne, Somerset TA18 8RR or by email peterrose@coombefarm.com

weekenderclassified

WOOD Mahogany cabinet for sale. Base 57 1/2 inches Deep 16 1/2 inches and 17 1/2 inches High. Base has drawers and cupboards either side, Top with glass shelves set in wood, Very good condition. £25. Tel 01460 68939

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DOG dishes (2x heavy type) as new, £5 for both, 01460 220638 before 6.30pm

CHROME and black glass TV stand 80x45x53 cm. £30 ono. Phone 01460 929146

LAMINATE floor, brown, approximately 10 square metres – free. Tel. 01460 73815

COAT stand, dark brown – free. Tel. 01460 73815

WICKER two seater & chair as new £60. Phone 01460 78922

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Jaguar Launches XF R-Sport Black

THE Jaguar XF range now offers better value for money than ever thanks to a host of enhanced trim packages and the addition of a brand new derivative: the R-Sport Black.

Featuring a comprehensive list of specification enhancements, including 20" Black Kalimnos alloy wheels and 770w Meridian Surround Sound system, the R-Sport Black offers an additional £8,770 worth of value over standard R-Sport models for just a £2,100 increase to its On-the-Road price.

The Jaguar XF is a firm favourite with car buyers, with sales increasing every year since launch. It recorded its best year of sales to date in 2014, and helped to drive Jaguar to its strongest full year performance in nearly a decade. Jaguar Land Rover Managing Director Jeremy Hicks said: "The XF combines style, luxury, comfort and the kind of sporty drive that only Jaguars deliver. That's why it has always been popular with customers – and, thanks to the addition of R-Sport Black and our 2015 range enhancements, it now offers even better value for money."

All models in the XF saloon and Sportbrake range now come with Winter Comfort Pack and Parking Pack as standard. That means all models get heated seats and windscreen plus front parking sensors and a rear camera. In addition, higher specification Portfolio, Diesel S Portfolio, XFR and XFR-S variants now all benefit from Blind Spot Monitor as standard, while most models in the range gain upgraded alloy wheels.

To streamline the range, SE, SE Business and Premium Luxury trim levels have been discontinued, as have the 3.0-litre V6 petrol and 240PS 3.0-litre TDV6 diesel engines. As a result, the range now starts with the generously specified Luxury trim.

Luxury

As well as getting the Winter Comfort Pack and Parking Pack as standard, all Luxury models now also come with Gloss Dark Oak veneer. 200PS models also get upgraded from 17" Ursa alloys to new 18" Manra wheels – although cars with the 163PS engine retain the smaller wheels to keep their CO2 emissions to 129g/km. The extra equipment represents an additional £1,870 worth of value, with just a small On-the-Road price increase of £600 on 200PS models and £500 on 163PS variants.

R-Sport

All R-Sport models now come with Winter Comfort Pack, Parking Pack and the 380w Meridian Audio system as standard. All versions also now come with the Gloss Dark Oak veneer. 200PS models get 19" Grey Aquila wheels instead of the 18" Lyra alloys. In total, R-Sport variants now benefit from £2,460 worth of extra value for a small On-the-Road price increase of £800 on the 200PS models and £700 on 163PS cars.

▲ Jaguar XF

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New Generation i20 is Ready for Work and Play

THE wait is nearly over for customers eagerly awaiting the New Generation Hyundai i20 which goes on sale this week, competitively priced from £10,695. Available at Hyundai dealerships nationwide from Thursday 22nd January, the all-new model boasts a sophisticated new design, high specification and first-in-segment features, class leading interior space and generous levels of equipment.

Since the car's first public unveiling at Paris Motor Show 2014, New Generation i20 has made bow waves, with strong interest from existing i20 owners as well as those new to the Hyundai brand. Industry experts and journalists have also handed the New Generation model their fair share of praise, while residual value experts have awarded New Generation i20 among the best residual values in its class.

New Generation i20 1.2 S starts the range, with predicted residual values at 46% of cost new forecast after 36 months/30,000 miles and other models are among the best in their respective categories. Business customers will benefit from strong residuals, with highly competitive contract hire rates starting from £137.99* per month. New Generation i20 delivers further good news for fleet and business customers in the form of low SMR costs - the entire range remains economical, while S and Premium models are best in class.

For retail customers, the New Generation i20 delivers exceptional value and desirability with low PCP payments - £152.45** per month will get customers behind the wheel of an i20 S, including a generous £500 deposit contribution from Hyundai Motor UK and £1,639 customer deposit. Customers purchasing i20 SE on PCP can take advantage of £750 deposit contribution from Hyundai, while Premium and Premium SE customers will benefit from £1,000 contribution.

Tony Whitehorn, President & CEO, Hyundai Motor UK said: "New Generation i20 is a true competitor in Britain's most popular vehicle segment. It ticks all the right boxes for fleets and businesses, as well as catering to the needs and tastes of discerning retail customers. The quality, features and specification of this car speak for itself, and we are delighted that this has been demonstrated in the form of strong residual value predictions which are among the best in class."

▲ New Generation Hyundai i20

▲ New Generation Hyundai i20

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Weekender sport

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rugby round up

High fliers tested but cards cost Chard

Chard 9 Exmouth 29
National League 3SW

FOR much of the 80 minutes this was a much more even contest than the final scoreline suggests, but in the end a combination of factors and the greater pace of the visitors would prove decisive *writes Glyn Hughes*.

Exmouth started the stronger but the Chard defence held firm and although they did concede an early penalty somehow Exmouth managed to miss a very straightforward kick.

Almost immediately Chard cleared their lines with a long kick down field and when Exmouth conceded a penalty the Chard backs player/coach Mike Lawton made no mistake to put the hosts ahead.

Fullback Bryan Harrison was then binned apparently for being in a deliberate offside position. Both sides exchanged penalties with Lawton again being successful for Chard.

Lawton then put Chard 9-3 ahead with another successful kick but just before the interval Chard were guilty of anticipating the referee's whistle instead of playing to it.

The majority of the crowd, and many of the Chard players spotted what they thought was a clear knock-on by Exmouth.

But while Chard stopped momentarily Exmouth continued playing and ran through to score a converted try under the posts which gave the visitors a 9-10 advantage at the break.

Once again Chard had played really well for much of the first half with the forwards again being very impressive but when your luck is out everything appears to go against you.

To add to their woes Chard had gone into the game without the services of injured flanker Jason Wright and their most consistent performer in the back division Ben Stead who suffered a broken thumb injury in last Saturday's game and who could be out for some time.

Coach Steve broome felt that events early in the second half had a big bearing on the final outcome of the game.

There was what could be called some 'hanky panky' occurring in the scrums and, despite there being several players involved in an eventual bust up, the referee saw fit to yellow card Chard forward Louis Barlett who had seemingly been acting as peacemaker!

Exmouth took full advantage of the numerical superiority and a second converted tery to move 17-9 ahead.

The visitors were now well on top and it was no real surprise when they crossed for a third try.

They were probably also geed up by the news that that had filtered through that leaders Redingensians were losing at Bracknell.

The Chard cause was not helped when Lawton was yellow carded for a technical offence. The card colour was changed to red as Lawton left the field for apparently using inappropriate language.

This was the final straw as far as the hosts were concerned and Exmouth got the bonus point they were looking for when they scored a fourth try late in the game with a scorching break down field which gave them a comfortable looking win.

Chard played really well in the first half but things fell apart somewhat in the second.

Not surprisingly they paid a heavy price for being forced to play for a third of a game with a player in the bin against a side looking to get promoted back into National League Two at the first attempt.

At the end of the game scrum half and utility back Jonny Selway, who has lost his starting place to the emerging Ben Johnson in recent weeks, informed Steve Broome of his decision to seek pastures new and he is expected to join Exmouth.

Selway has been a good and fully committed player for the club so Chard will be sorry to see him go.

Chard squad;- Harrison, Lawton, Douglas, Helliar, Harding, Twigg, Johnson, Parsons (capt) Mortensen, Burnell, Henly, Gosden, Hyslop, Barlett, Aplin. Replacements;- Selway, Robinson (both used) Caddick

Chard 2nd xv had a really good 10pts to nil win away against Yatton 2nds in Somerset Division One but the 3rd xv home match against Yatton 3rds was postponed because of the state of the pitch.

There are no scheduled matches for the Chard 1st and 2nd xv teams tomorrow.

Last Saturday's postponed **3rd XV** home game against Yatton 3rds will be played tomorrow - Kick off at 2.30pm.

◆ MEANWHILE, Crewkerne 1st XV slipped to a narrow 21-18 Somerset League One home defeat at the hands of Bristol Barbarians.

Crewkerne, still lying in fifth spot in the table, visit eighth placed Keynsham 2nds tomorrow.

Crewkerne 2nds were without a fixture – their next scheduled action is the local-derby at Chard 3rds on January 31st.

Nat League 3 SW	Pld	+/-	Pts
Redingsensians	17	371	72
Exmouth	17	288	67
Brixham	16	62	53
Bracknell	16	125	52
Hornets	14	143	50
Old Centralians	15	14	45
Newton Abbot	17	19	45
Barnstaple	16	-56	30
Bournemouth	17	-114	30
Old Redcliffians	16	-114	28
Old Patesians	15	-123	28
Oxford Harlequins	16	-94	27
Weston-super-Mare	17	-166	17
CHARD	17	-353	7

Somerset One	Pld	+/-	Pts
Hornets II	16	444	74
Chew Valley II	17	492	74
Bridgwater & Alb II	17	304	64
Bristol Barbarians	16	183	57
CREWKERNE	17	185	51
Old Sulians	16	87	45
Castle Cary	16	31	45
Keynsham II	17	-81	32
CHARD II	17	-181	29
Wellington II	17	-156	25
Cheddar Valley	17	-76	18
North Petherton II	17	-180	18
Yatton II	17	-456	18
Midsomer Norton II	17	-596	7

Somerset Three	Pld	+/-	Pts
Frome III	8	145	36
MARTOCK	9	189	30
Wells III	8	78	20
Yatton III	5	61	18
CREWKERNE II	6	-21	8
North Petherton III	4	117	7
CHARD III	5	-186	0
Minehead Barbars III	4	-162	0
Castle Cary II	7	-190	-1
Midsomer Norton IV	4	-31	-10

skittles

CREWKERNE

Division One	Pld	Pts
Lost Boys	12	116
Coachmen	12	92
Super Sexy Six	12	87
Head Hunters	12	85
Royal Oak Drimpton	12	78
King Willy Dogs	12	75
Stray Cats	12	73
Mighty Ducks	12	65
Football Club	12	61
Rollers	12	54
Raptors	12	43
Perrott Monkeys	12	35

Division Two	Pld	Pts
Fryers	11	95
Brewers Bees	11	79
Loud n Proud	10	77
Acorns	11	74
Fudders	11	69
Chis Colts	11	65
Rug Rats	11	59
Concorde	10	49
Skimmers	11	46
Muppets	11	44
Merriott Fixers	10	27

Division Three	Pld	Pts
Pinbusters	12	110
Hill Billies	12	107
Oakley Doakleys	12	95
Sports 92	12	92
Sandbaggers	12	78
Beer Leg Boys	12	72
Willy Low Flyers	12	68
Ugly Ducklings	12	63
No Name Yet	12	59
Likely Lads	12	52
Rotary	12	37
Kings Men	12	28

ILMINSTER Nomination Cup

Division One: Wyndham Warriors 224-2 (F.Clydesdale 44, G.Pearce 14) Rockey's Rollers 256-10 (A.Rockett 49, R.Findlay 19), Crown Royals 262-1 (J.Miles 50, S.Edmunds 16) Crown Crusaders 328-11 (S.Wheeler 58, L.Dopson 39), Flying Turkeys 293-12 (S.Spurway 50, M.Williams 20) Nomads 155-0 (W.Barnes 33, ?.Miller 6), Bell A 277-10 (G.Lawrence 44, P.Speed 27) Cricketers 269-2 (N.Matravers, B.Venn 44, T.Lloyd 20), Cricketers 301-1 (T.Lloyd 55, B.Paull 24) Flying Turkeys 333-11 (S.Spurway 56, A.Whitefield 26).

Division Two: Ilton Choppers 209-9 (C.Hilton 46, J.Tidd 12) Hatch Eggs 152-3 (G.Knight 33, C.Deserve 5), Royal Oak Faces 219-10 (D.Manley 41, N.Jenkins 13) Ashill Boys 159-2 (S.Grinter 42), Ashill Inn 241-9 (N.Doutch 51, V.Woodland 21) Bell Broadway 240-3 (S.Hymas 38, T.Robinson 19).

Division One	Pld	Pts
Flying Turkeys	8	83 (Q)
Crown Crusaders	8	66 (Q)
Rockey's Rollers	8	65 (Q)
Cricketers	8	51 (Q)
Nomads	8	46
Bell A	8	40
Wyndham Warriors	8	28
Crown Royals	8	28
Wyndham Clangers	8	25

Division Two	Pld	Pts
Flying Turkeys AS	7	74 (Q)
Royal Oak Faces	8	68 (Q)
Ashill Inn	8	65 (Q)
Hatch Beagles	8	54 (Q)
Bell Broadway	8	43
Ashill Boys	8	38
Kingshead	7	36
Ilton Choppers	8	24
Hatch Eggs	8	18

jack high bowls news

ILMINSTER *by Des Maull*

LAST Saturday Ilminster were at home against Puriton in the Somerset & Devon Mixed League and after a very competitive match the final result was a 37-37 draw. Ilminster won one rink lost one rink.

Details: Des Maull, Isobel Rymall, Eric Keitch and John Osborne 18 D Clarke17; Val Dargue, Roy Orme, John Mitchell and Rod Parkin 19 T Ainsworth 20.

On the same day Ilminster ladies were away at Yeovil in the Optica Trophy and came away with a resounding victory, winning on all rinks.

Details: Pairs Heather Grinter and Maureen Mitchell 21 M Rogers 13; Triples Sarah Lightfoot, Sue Spurway and Angie Watkins 23 G jones 11; Fours Myra Childs, Jill Parker, Dot Whelan and June Checketts 21 M Warnett 11.

The following day Ilminster men played Somerset Under 25s in a three rink friendly with Ilminster winning on two rinks and losing on one and by 54 shots to 35.

Details: John Wells, Bill Bailey, Cyril Cox and Matt Hamilton 23 G Aldridge 8; Dave Hall, Stan Fowler, Roger Lench and Ken Parker 18 R Williams 10; Dean Patmore, Derek Carter, Steve Webster and Sam Webster 13 R White 17.

An Ilminster ladies over 50s two wood triples team are through to the area final against North Wilts after a 20 shots to 10 win at Taunton Deane.

Details: Angie Thompson, Heather Grinter & Maureen Mitchell 20 Lyn Williams 10.

CHARD *by Sandra Sumpter*

IN this week's MILFORD & DORMOR Mixed Triples League there were two very close and tense games.

Harlequins were against Royals in a top versus second clash. Harlequins only managed to win five of the 14 ends but the end result was a 10-10 draw.

The quality of some of the shots from both sides was outstanding.

Royals have a game in hand over Harlequins so they still have a chance of pipping their opponents to the league title.

The other game saw Magpies against Hurricanes. Nearly every end needed a measure to determine the shot-count and going into the last end the teams were locked at 12-12.

Magpies were holding the one shot they required to win and had the last bowl of the match.

The skip, in hindsight, would just have taken this and the match.

But he sportingly decided to bowl.

Unfortunately things did not go as planned and his last effort gave the shot to Hurricanes who took the match 13-12.

Glovers In Focus

By Stuart Broom

At last Glovers win – has the worm finally turned?

YEOVIL Town finally recorded their second home league win of the season with a narrow 1-0 victory over Bradford at Huish Park last Saturday.

New signing Gozie Ugwu scored the only goal on 26 minutes to see the Glovers close the gap on Crawley Town and Colchesterin the lower reaches of the League One table.

They followed that with an excellent point at high-flying Preston North End with another Ugwu strike, to inch them even closer to safety.

The results are a relief for everyone, but is it enough to avoid a second consecutive relegation, or is it too late?

With the FA Cup visit of Manchester United out of the way and a reputed near £500,000 in the bank, attention has returned to their critical league position.

The first game since an uplifting performance against the side currently sitting third in the Premiership saw Yeovil slip back once more to the dismal form shown so far this season in defeat at Barnsley.

So how do they move forward now the transfer window is again open?

The obvious answer appears to give Gary Johnson some of this money to go out and improve the quality of the squad.

However, once again the fans are left in the dark as to the true position at the club because of the management's decision to always play everything close to their chests and not inform their supporters.

The latest smokescreen from chairman John Fry appears to suggest that they have to be cautious because of the possibility of having to pay compensation to players the club is trying to move on to allow new ones to join.

A number of players have left the club recently with Aaron Martin having already negotiated a severance deal and moved to Coventry City and Jordan Clarke to Scunthorpe United. Calvin Brookes' contract expired on December 31st and with Ryan Inniss having been recalled to Crystal Palace and Tom Eaves returned to Bolton Wanderers there appears no compensation issues there.

Window shopping?

Squad members Kevin Dawson, Chris Weale, Simon Gillett, Joel Grant, Jakub Sokolik and Liam Davis are all injured whilst Brendan Maloney is on loan to Northampton Town, all of which means replacements if required would swell the wage bill, but where is the need to pay compensation?

The situation with just 13 fit contracted players and five loans, and a lack of central defenders meant Johnson was forced to play Kieffer Moore at centre back against Bradford, and, following a successful game, kept him there for the trip to Deepdale.

He described it as a "gamble" prior to the Bradford game but it might have been a blessing in disguise.

Unfortunately the former Dorchester Town striker has failed to impress since his move and his lack of goals - despite so many chances - has been part of the reason why they had only scored five goals in 12 home games before Saturday.

However, his performance alongside Stephen Arthurworrey against the experience of Jonathan Stead and James Hanson, with 250 appearances for the Bantams, was excellent.

He took a few minutes to settle but despite Hanson often leading with his arm, he remained calm and when possible played the ball out of defence. His reading of the game, perhaps enhanced by the fact the ball was coming towards him rather than behind, was generally superb, and with his height he was rarely beaten in the air. Could he with time be the answer to Johnson's problem?

His switch allowed both Ugwu and Norwich loanee Jamar Loza to play up front, and they looked a lot sharper than recent combinations.

Tomorrow The Glovers entertain Coventry City who are now just five points ahead, this surely has to be another must-win game.

Rumour has it that Johnson has been told he must improve the team's position quickly, and the points against Bradford and Preston are a start, but has it come too late for Johnson and his team?

Has the worm finally turned?

LOCAL FOOTBALL ROUND UP

with Howard Larcombe

twitter @HowardLarcombe

Ilminster target crucial league double

Barrington stroll into Intermediate QF - New manager at Misterton FC

Chard Town 1 Corsham Town 2

Toolstation Division One - att; 81

TWO goals in the last quarter of Saturday's match at Zembard Lane saw visitors Corsham Town wrestle all three points from Chard Town's grasp.

The Robins took the lead four minutes before the interval. Visiting gloveman Ryan MacArthur did well to tip Andy Martin's fierce drive onto the crossbar and away for a corner.

The resulting flag kick was only half-cleared and Leigh Bailey cleverly steered home Sam Clark's scorching cross-shot from close range.

But the advantage was snuffed out just after the hour when the Division's second top scorer Levi Cox netted his 20th goal of the season.

Chard responded well and George Chlopecki had an effort hacked off the line. But it was the visitors who clinched the win when Kieron Gleed gave Chard keeper Jason Hutchings no chance as he found the top corner in the 87th minute

Chard; *J.Hutchings, D.Hutchings, N.Warren, L.Bailey, B.Haines, J.Underwood, G.Chlopecki, L.Gillman (C.Mawford 48), S.Clark, E.Butcher, A.Martin (M.Westlake 81).* Unused subs; Shaun Wells-Burr, B.Symes, J.Barfoot.

Chard, currently lying mid-table in 11th spot, head off to Bremhill View tomorrow to face 10th-placed CALNE TOWN (3pm ko).

Oscar Latas returns after injury, but manager Adam Fricker will be without Jamie Underwood due to work commitments while Louis Gillman is rated 50/50 with a groin injury.

Squad; *J.Hutchings, D.Hutchings, C.Mawford, Shaun Wells-Burr, L.Bailey, B.Hanies, G.Chlopecki, A.Martin, L.Gillman, O.Latas, E.Butcher, S.Clark, N.Warren, M.Westlake, B.Symes.*

SOMERSET LEAGUE

AFTER a weekend off Ilminster Town face a crucial Premier Division relegation clash at Combe Hay Lane where fellow strugglers Odd Down Reserves lay in wait (3pm ko).

The Blues won the reverse fixture with a Chris Nezianya goal back in late August.

Meanwhile, four of the top five teams in Division Two (west) meet tomorrow.

Leaders Kewstoke Lions entertain Winscombe - the result of this game could see second placed Combe St Nicholas, who had no game last weekend, move top with victory over Cheddar Reserves at Slades Cross.

DEVON & EXETER LEAGUE

CHARD Town Reserves' scheduled match at Thorverton Town last Saturday was postponed.

◆ **WALKOVER:** Sid Brown's Barrington are in County quarters.

Next up for the Robins' second-string is tomorrow's trip to Hatherleigh Town.

Ilminster Town Reserves were also without a game down in Division Five.

The Blues could clamber off the foot of the table with victory over Priory at the Rec tomorrow (2.15pm ko).

SOMERSET INTERMEDIATE CUP

Barrington H-W Pensford

BARRINGTON were handed a walkover into the last eight when scheduled opponents Pensford withdrew from the competition.

◆ **Quarter-final draw;**

BARRINGTON v Westend or Radstock Town A

Locking Park v Mells & Vobster Res

Castle Cary Res v Purnells Sports Res

Worle Res v Westonzoyland

(*ties scheduled for February 21st*)

PERRY STREET LEAGUE ROUND-UP

Division One

LUSO-Chard had a torrid time of it on their visit to face Chard United at Jocelyn Park.

With all three substitutes used, two injuries, in addition to an early red-card issued to Bruno Ferriera by referee Dave Carter, meant the visitors finished the game with just eight men.

Man-of-the-Match Kamil Wilk, Darren Kosmalski and Kieran Bradshaw scored the goals for United in a 3-1 win but there should have been many, many more.

The win takes Chard back up to fourth while struggling Luso remain languishing in the drop zone.

Over at Forton a Justin James goal put Rangers ahead against promotion-chasing Millwey Rise.

But Keith Forsey levelled before the break and second half strikes from Leo Maguire and Mark Pike saw the points head over the border.

An eventful game saw Millwey afford the luxury of having a penalty by new skipper Haydn Lewis saved while Forton lost Ian Nottley to a nasty cut below his eye which required stitches.

Division Two

THE game of the day in Division Two saw Combe A and Crewkerne Rangers conjure up an eight goal thriller at Slades Cross.

Combe were in control at the interval courtesy of two Wayne Long goals. It could have been even better for the Saints had Rangers' 16-year-old keeper Liam Sparks not pulled off a fine save to keep out a Mike Usher penalty.

The second half was a different story with Jack Male and James Martin squaring things up at 2-2.

Male then bagged his ninth of the season to edge the visitors ahead.

Combe player-manager Ross Bicknell then made it 3-3 from the penalty spot but late goals from Andy Loveless and Simon Denslow (pen) clinched the win for the Rangers whose player-manager Scott Isaacs praised the efforts of his trio of 16-year-olds – Sparks, Male and Tom Bending.

There was one more goal up at Horseshoe Lane where hosts Thorncombe thrashed bottom of the pile Ilminster Town A 9-0.

Bryan Garrett (4) and Lee Fisher (4) led the way while Warren Gabbidon, on target for the sixth game on the trot, scored the other.

Leaders Drimpton were given a scare when Mark Taylor gave mid-table visitors Uplyme an early lead.

But goalkeeping errors either side of the interval gifted goals to Terry Farrell and Craig Lodge and helped The Greens maintain their seven point lead at the top.

Despite being forced to find a temporary home at Hinton due to ongoing pitch issue at Henhayes, Crewkerne Town Reserves remain in the hunt for promotion after a 3-1 win over Charmouth.

Paul Gold lashed home the opener after referee Jim Jowatt had penalised a Charmouth player for swearing six yards from goal!

The visitors then equalised only for Gold to bag his 14th of the season that was followed by an owl goal from goalkeeper Marcus Bearparkwhich handed the Tigers the points.

Division Three

THE top three teams all recorded away wins to keep up the promotion pot boiling away nicely.

◆ **IN-FORM:** Chard United's Kamil Wilk

Leaders Chard United Reserves triumphed 3-1 at Merriott Dynamos although United manager Steve Scriven, for the second time in a week, felt his team was fortunate to emerge with all three points, he said: "We were lucky again – on that showing Merriott certainly don't deserve to be so low in the table."

Glyn Kneil put United ahead in the 11th minute. The lead was doubled by Liam Male ten minutes before the break only for Barry Hayne to pull one back.

But Male struck his 20th of the season to seal the win for Chard who played the last eight minutes with 10 men after ref Chris Vowles issued a second yellow card to Chris Mears.

Barrington Reserves remain second after a hard-fought 3-2 win at Shepton Beauchamp Reserves.

Goals from Tom Butler and an OG inside the opening 10 minutes had Barrington in control.

But Shepton battled back with a brace of their own – the first a superb 30-yard effort from Aaron Stayner which was followed soon after by a low finish from the edge of the box from Matt Powell.

But Leighton Cox regained the lead for the visitors on the stroke of half-time.

Barrington had the better of the second-half chances but were thwarted by in-form goalkeeper Terry Crocker.

Kingsbury also chalked up a win and gained ground in the goal difference stakes with a convincing 6-1 win at basement boys Millwey Rise Reserves.

Jake Russell, a first ever PSDL hat-trick, Shane Reeks (2) and Dan Neate netted for the Kings with Alex Rockett replying.

Meanwhile, Thorncombe Reserves were thrashed 6-0 in the local-derby at Hawkchurch United.

JOHN FOWLER CUP FINAL

SHEPTON BEAUCHAMP RESERVES take on Hawkchurch United in the 43rd John Fowler Cup Final at Bridport next Thursday (7pm KO).

Having lost both their league games aginst the Hawks this season (8-1 & 1-0) Shepton come into the game as slight underdogs as both teams look to lift the trophy for the first time ever.

Hawkchurch have been beaten in the final four times in the last 16 years - all up at Shelway Lane will be hoping to make that five!

Division Four

THE weekend's top-scorers were Hinton who hammered hosts Chard United AllStars 10-2.

Ken Forbes led the way with five with the other goals coming from Ross Jewell (2), Danny Baker (2) and Ian Bambury as Hinton hit their highest score in 11 years.

Kuda Tobaiwa scored both goals on his debut for the Allstars who shipped double figures for the third time.

Title favourites Merriott Rovers won 6-0 at Uplyme Reserves with Ashley Cooper moving up to 24 with his fourth hat-trick of the campaign. Kev Richardson, Gavin Charles and Mike Browncey also netted for the rampant Rovers.

Winsham United Reserves fine season continued with a 4-1 win over Chard Rangers Reserves.

Richard White, Paul Stuart, Jordan Fowler and Tony Rockett scored for the hosts with Kevin Cavanagh on target for the Rangers who are now led by new manager Rich Foote.

Finally, Crewkerne Rangers Reserves completed a league double and extended their unbeaten run to four matches with a 5-1 victory over Farway United Reserves.

A Scott Selway penalty gave the Devonians an early lead but Rangers turned things around before the break with goals from Kerry Cabell and Elliott Greed.

A superb Mark Holton volley gave the hosts a two-goal cushion before Nick Bachrach headed home number four.

Aaron Hole, with his seventh goal in four outings, rounded things off for Scott Purdey's team.

◆ MISTERTON FC have appointed **Alistair McCormack** as their new manager.

After a huge exodus of first team players the club was forced to fold its Reserve team back in Mid-September just one game into the new season.

The enforced elevation of Division Four standard players to perform four divisions higher in the Premier has brought understandable results.

◆ **NAP HAND:** Hinton striker Ken Forbes hit five against Allstars.

These culminated in horrific 25-0 and 20-0 defeats in back-to-back home games in November.

There have been four more defeats since then but the score lines have certainly improved.

The club has also confirmed that permission was granted by Misterton Parish Council on Tuesday to allow Crewkerne Town FC to share the Unity Road Ground until the end of the season.

RESULTS

DIVISION ONE

Chard Unted 3 Luso-Chard 1

Forton Rangers 1 Millwey Rise 3

DIVISION TWO

Combe St Nicholas A 3 Crewkerne Rangers 5

Crewkerne Town Reserves 3 Charmouth 1

Drimpton 2 Uplyme 1

Thorncombe 9 Ilminster Town A 0

Waytown Hounds 5 Beaminster Reserves 1

DIVISION THREE

Hawkchurch United 6 Thorncombe Res 0

Merriott Dynamos 1 Chard Unted Res 3

Millwey Rise Reserves 1 Kingsbury Episcopi 6

Shepton Beauchamp Res 2 Barrington Res 3

DIVISION FOUR

Chard Utd Allstars 2 Hinton St George 10

Crewk Rangers Res 5 Farway United Res 1

Uplyme Reserves 0 Merriott Rovers 6

Winsham United Res 4 Chard Rangers Res 1

TOMORROW'S FIXTURES

(all 2pm ko)

BILL BAILEY CUP – R1

Dowlish & Donyatt v Chard Rangers

Hawkchurch United v Chard United Res

Kingsbury Episcopi v Merriott Dynamos

KEN HODGES CUP – R1

Combe St Nicholas B v Uplyme Reserves

Hinton St George v Drimpton Reserves

PREMIER

Crewkerne Town v Perry Street

Misterton v Ilminster Town Colts

West & Middle Chinnock v Combe Reserves

DIVISION ONE

Barrington v Forton Rangers

Pymore v Farway United

Winsham United v Netherbury

DIVISION TWO

Beaminster Reserves v Thorncombe

Drimpton v Crewkerne Rangers

Ilminster Town A v Combe St Nicholas A

Uplyme v Crewkerne Town Reserves

DIVISION THREE

Millwey Rise Res v Shepton Beauchamp Res

Thorncombe Res v South Petherton Reserves

DIVISION FOUR

Chard Rangers Reserves v Farway United Res

Merriott Rovers v Crewk Rangers Reserves

THURSDAY, JANUARY 29th

JOHN FOWLER CUP FINAL

Hawkchurch Utd v Shepton Beauchamp Res

(*at Bridport FC - 7pm ko*)

As they stand

Toolstation Div 1	Pld	+/-	Pts
Barnstaple Town	25	74	62
Cribbs	27	34	61
Welton Rovers	25	21	58
Wincanton Town	27	21	54
Ashton & Backwell	27	21	52
Corsham Town	25	16	43
Hengrove Athletic	27	4	39
Almondsbury UWE	24	0	39
Radstock Town	26	2	35
Calne Town	28	-4	35
CHARD TOWN	***27***	***-9***	***35***
Chippenham Park	24	8	34
Cheddar	25	1	34
Wellington	24	-3	34
Oldland Abbotonians	26	-16	33
Devizes Town	26	-1	30
Keynsham Town	30	-36	30
Wells City	31	-11	29
Warminster Town	23	-10	22
Roman Glass St G	26	-29	20
Westbury United	29	-41	19
Portishead Town	26	-42	9

Somerset Premier	Pld	+/-	Pts
Shirehampton	21	35	54
Clutton	19	10	36
Fry Club	19	9	36
Frome Collegians	20	19	35
Cutters Friday	18	7	35
Nailsea Utd	21	12	32
Watchet Town	19	10	32
Bishops Lydeard	20	-1	32
Bridgwater Town Res	20	2	27
Wrington Redhill	17	-2	26
Yatton Athletic	20	-19	25
Minehead	21	-11	24
Berrow	20	-7	22
Odd Down Res	18	-3	21
Stockwood Green	21	-16	17
ILMINSTER TOWN	***18***	***-23***	***16***
Broad Plain House	19	-7	13
Nailsea Town	17	-15	8

Somerset Div 2W	Pld	+/-	Pts
Kewstoke Lions	14	31	33
COMBE St NICHOLAS	***13***	***31***	***33***
Worle	15	29	30
Winscombe	13	32	27
Cheddar Res	15	7	27
Highbridge Town	15	30	25
Taunton Utd 1610	14	10	25
Uphill Castle	13	8	25
Nailsea Utd Res	11	-3	13
Clevedon Utd Res	14	-14	13
Nailsea Town Res	14	-15	12
Churchill Club 70	13	-19	10
Burnham Utd Res	15	-56	6
Weston St Johns Res	17	-71	4

D & E Premier	Pld	+/-	Pts
Tiverton Town Res	15	52	37
Heavitree Utd	16	24	34
Sidbury Utd	15	20	31
Feniton	12	24	26
Newtown	18	-4	26
Topsham Town	13	30	25
Hatherleigh Town	11	19	25
Thorverton	13	14	23
Elmore	14	3	21
CHARD TOWN RES	***14***	***5***	***19***
Beer Albion	15	-12	16
Exeter University Res	12	-2	12
Bow AAC	14	-12	11
Seaton Town	16	-28	11
Willand Rovers Res	15	-15	9
Budleigh Salterton Res	19	-118	1

D & E Division 5	Pld	+/-	Pts
Fluxton	14	36	35
Sandford	13	18	30
Otterton	18	4	30
Sampford Peverell	15	22	29
Uplowman Athletic	15	23	28
Halwill Res	14	3	21
Feniton Res	16	-1	21
Honiton Town Res	12	11	20
Priory	10	-6	15
Hatherleigh Town Res	15	-29	14
Starcross Generals	13	-13	13
Winkleigh	10	-2	12
Stoke Hill	16	-31	8
ILMINSTER RES	15	-35	7

PSDL Premier	Pld	+/-	Pts
Perry Street	13	22	28
Shepton Beauchamp	12	37	27
South Petherton	12	30	25
Crewkerne Town	8	30	24
W & M Chinnock	10	20	21
Beaminster	12	30	18
Combe St Nicholas Res	11	21	12
Lyme Regis Res	13	-18	12
Misterton	11	-93	3
Ilminster Town Colts	12	-79	0

Division One	Pld	+/-	Pts
Barrington	10	39	30
Millwey Rise	12	23	26
Winsham Utd	12	16	25
Chard Utd	14	4	19
Forton Rangers	12	7	18
Netherbury	10	7	17
Lyme Regis Bantams	11	-13	11
Luso-Chard	12	-26	9
Pymore	11	-17	5
Farway Utd	10	-40	3

Division Two	Pld	+/-	Pts
Drimpton	12	38	32
Waytown Hounds	14	17	25
Thorncombe	11	20	24
Crewkerne Town Res	10	12	22
Crewkerne Rangers	13	-4	20
Uplyme	10	12	13
Charmouth	14	-11	13
Combe St Nicholas A	13	-11	13
Beaminster Res	13	-7	11
Ilminster Town A	12	-66	-2*

Division Three	Pld	+/-	Pts
Chard Utd Res	12	17	28
Barrington Res	12	17	27
Kingsbury Episcopi	12	21	24
Hawkchurch Utd	11	19	19
South Petherton Res	13	-3	17
Thorncombe Res	13	-9	16
Chard Rangers	10	-10	12
Dowlish & Donyatt	11	-7	11*
Shepton Beau Res	11	-13	10
Merriott Dynamos	10	-6	9
Millwey Rise Res	11	-26	5*

Division Four	Pld	+/-	Pts
Merriott Rovers	10	57	30
Combe St Nicholas B	11	29	28
Winsham Utd Res	13	2	21
Crewkerne Rangers Res	12	11	19
Uplyme Res	10	-2	15
Hinton St George	9	7	14
Drimpton Res	11	-10	9
Farway Utd Res	9	-15	9
Chard Rangers Res	10	-18	9
Chard Utd All Stars	13	-61	4

*= points deducted

horse racing taunton

Saturday meet is huge success

SATURDAY racing is very much here to stay after the weekend meeting got the thumbs up from all parties at Taunton Racecourse where they staged only the second ever Saturday weekend meeting since the course opened in 1927.

Back in 2013 the scheduled Saturday meeting had to be cancelled because of heavy snowfall and waterlogging, last year the meeting went ahead but the weather was awful, but this time round the sun shone and a good sized crowd of getting on for 2000 attended, and they weren't disappointed.

The likes of Paul Nicholls and Phillip Hobbs may not have been represented but all of the racing was highly competitive and there were some very close finishes with some good priced winners, including David Pipe's Virtuel D'Oudon in the last at 8-1- exactly what Taunton punters like to see.

Bob Young the Chief Executive at Taunton summed the day up when he said: "The weather was kind to us and we had a good turn out to watch an exciting afternoon's racing.

"Saturday's meeting attracted a lot of people who are unable to attend racing in the week because they are working, which is exactly what we were hoping for.

The Chief Executive added: "Saturday racing is here to stay so local punters can pencil us in for the third January weekend for 2016!"

Super Six race card on Tuesday

TAUNTON host their third meeting of this month on Tuesday (January 27th) when the six race card with £37,000 on offer in prize money, gets underway at 2pm.

First up is the Templar's Furlongs Conditional Jockey's Handicap over three miles and half a furlong, the longest race of the day.

The 'Bulldog Chase' Novices' Hurdle over two miles and one furlong is next to post at 2.30pm, which is followed half an hour later by the Spartan Sprint Novices' Limited Handicap Steeple Chase over two miles and three furlongs.

The most valuable race on the card is the Superman and War Elephant Challenge Handicap Hurdle race, at 3pm, which is a Class 3 event with £9k up for grabs.

The second race over the Steeple Chase course is the Smokin'Aces Chase Handicap over two miles, seven and a half furlongs at 4pm.

The action concludes with the Support Go Commando Charity Handicap Hurdle race at 4.30pm.

Punters are reminded that if they purchase their tickets in advance on-line up to 10am on the day prior to racing that they can obtain generous discounts.

Racegoers are reminded that a courtesy coach departs from Taunton Railway Station two hours before racing returning from the course 30 minutes after the start of the final race.

school sports cross country

Big entry from Primary Pupils

◆ **FIRST HOME:** The Under 9 Boys 1st to 4th placed finishers

◆ **GET READY:** The U11 Girls pictured at the start.

HOLYROOD Academy played host to its second Primary Schools 'Fun Run' event of the year on Wednesday, January 14th January.

Despite freezing conditions, pupils turned out in large numbers to overcome the challenges of the course, held in the extensive grounds of Holyrood Academy.

A total of 145 young athletes, 66 girls and 79 boys, from nine local schools, participated in a cross-country run around the school fields; they were led around by Holyrood students from year 7.

The U9s competed over 900m and the team winners were Combe (girls) and Neroche (boys).

The U11s competed over 1400m and the team winners were Neroche (girls) and Redstart (boys).

School Sports Co-ordinator, Jason Hedaux said: "We would like to thank Avishayes, Buckland, Combe St Nicholas, Manor Court, Redstart, Winsham, Hawkchurch, Tatworth and Neroche for supporting this event which allowed pupils to experience inter-school competition

running chard road runners

Steep start - but Ax Challenge is met

LAST weekend saw Chard Road Runners heading off to the coast for the Axmouth Challenge. A choice of five or 10 miles was the first decision to be made on a bright sunny morning with just a touch of frost.

A steep hill at the start raised eyebrows for 10 mile newcomer Simon Douglass who put together a fantastic run with a strong finish, this was the furthest Simon had ever run in competition being ably supported by Simon Hall all the way.

Taking the challenge to new heights was Neil Plumridge who set the pace for CRR's finishing an excellent 11th in a 96-strong turnout.

Paul Masters followed with a great three-way sprint to the line providing entertainment for the watching crowd.

Pushing the pace all the way, and taking a magnificent seven minutes off last year's time, was Andy Mear with a fantastic performance.

Hot on on Andy's hills were Gavin Wyatt and Addie Douglass who beat last years time demonstrating her clear race commitment with husband Simon chasing close behind.

A committed Simon Hall followed the CRR's mantra of 'Can Do' with a full three minutes off his last Axmouth Challenge best.

Taking on the challenging five-mile route were Sarah Atkins and Gary Wheaton who gave their all in the mud and water and vied for position. It was Sarah who stole the show crossing the line just ahead of Gary.

◆ Meanwhile, Wayne Loveridge took to the Tank training area of Bovington Army Camp for the mix of Running and Cycling that is a Duathlon.

This began with a 5k run across the tank training areas. Once completed it was off on a 20k cycle route that stretched the legs in preparation for a final 5k run before crossing the line to finish in a superb third place from a field of 50.

10 Mile Axmouth Challenge

Posn	Time	Name
11/96	1:10:38	N.Plumridge
29	1:16:41	P.Masters
51	1:25:41	A.Mear
58	1:27:15	G.Wyatt
69	1:32;17	A.Douglass
70	1:32:57	S.Douglass
72	1:33:33	S.Hall

5 Mile Axmouth Challenge

Posn	Time	Name
12/21	0:59:09	S.Atkins
14	0:59:45	G.Wheaton

◆ **HERE WE GO:** Standing, from left; Simon Hall, Simon Douglass, Addie Douglass, Andy Mear, Neil Plumridge. Front; Paul Masters, Gary Wheaton (Missing from line-up - Sarah Atkins & Gavin Wyatt).

point to-point wessex

Win treble for Barber and Biddick combo!

HENLEY trainer Jack Barber and three-time national champion jockey Will Biddick combined to land a treble at Larkhill last Saturday.

Aerial (Men's Open), Subtle Sovereign (Conditions race) and Bandeirantes (first Maiden) provided the pair's three successes.

The former put in a superb round of jumping to secure the win needed for Cheltenham Foxhunter qualification. "We're still not certain whether to go for the Cheltenham or Aintree Foxhunter, although he still needs to be placed in a Hunter Chase to qualify for the latter," said joint-owner Tony Hayward. "It's possible he'll go straight to Cheltenham, but if the ground's soft there, we'll have a rethink.

"He jumps for England and has hardly ever made a mistake in his life, although he did once fall at a bullfinch fence in France when distracted by another horse. I'd actually love to see him tackling the Aintree fences."

Course specialist Subtle Sovereign raced prominently throughout before registering his fourth Larkhill success. "What a horse," beamed Jack, clearly recalling that Subtle Sovereign was his first winner as a trainer and last as a jockey. "He'll win Open races but we'll avoid them as long as possible to avoid picking up weight penalties."

Bandeirantes made an impressive racecourse debut by collaring favourite Cooladerry King at the last.

"He's our first homebred and our first outright winner as owners, although we and Brett Parsons were joint owners of Willow Ryde when he won this corresponding race in 2006," confided Glastonbury owners Hugh and Liz Webster.

Cooladerry King's Shropshire trainer Sheila Crow and jockey Paddy Gerety went one better when Mr Mercurial had sufficient reserves to take the Intermediate after leading into the straight.

"He'll go Hunter Chasing and I can see him in the Cheltenham Foxhunter one day, although maybe not this year," said Sheila.

"Paddy says he blew up but still had the class to get home. These are my first runners of the season and we've come here as, regrettably, our North West season doesn't start until March."

That's Rhythm belied his 15 years with a brilliant performance in a top quality ladies' open. Prominently ridden by Page Fuller, That's Rhythm stormed clear of his field in the straight.

The winner, who has won five races between the flags and seven hunter chases, will be campaigned in point-to-points according to trainer Charlotte Fuller, mother of the winning rider.

Briefcase put in a magnificent round of jumping to take the second maiden for the Edwars family. Ridden by Darren Edwards and owned and trained at Wheddon Cross by Darren's father, Gordon, Briefcase had finished runner-up in five of his 20 hurdle races, so was certainly not winning out of turn.

"Outsider of three" punters were rewarded when Harriet Besent's Impact Zone took the Hut race under former conditional Louis Muspratt.

Harriet made the running aboard her 2013 and 2014 corresponding race winner Deimne before Seamus Mullins' odds-on favourite Combustible Lady led at the 13th, but neither had any answer when Louis pressed the button at the third last fence.

Results

Going: Good, Entries: 110; runners: 74 (67%).

Hunt Members (*3 ran*)

1. Impact Arena (U) (L Muspratt, 10-1); 2. Combustible Lady (IRE) (D Sansom, 1-2F); 3. Deimne (IRE) (Miss H Besent, 7-4). 6min 12s. 20l, 10l. (Harriet Besent) .

Open Maiden (Div 1) - 5yo & up (*12 ran*)

1. Bandeirantes (W Biddick, 3-1); 2. Cooladerry King (IRE) (P Gerety, evensF); 3. Minellacelebration (IRE) (J Nixon, 4-1). 6min 17s. 2½l, 5l. (Jack Barber).

Open Maiden (Div 2) 5yo & up (*14 ran*)

1. Briefcase (IRE) (D Edwards, 7-1); 2. Royalzaro (FR) (W Biddick, 3-1); 3. Tom Barton (R Henderson, 5-1). 6min 18s. 3l, 4l. (Jack Barber).

Ladies Open (*13 ran*)

1. That's Rhythm (FR) (Miss P Fuller, 9-4); 2. Seigneur Des Bois (FR) (Miss A Stirling, 25-1); 3. Safferano (IRE) (Miss G Andrews, 50-1). 6min 06s. 4l, 3l. (Charlotte Fuller).

RAH Club Members Conditions - 5yo & up (*14 ran*)

1. Subtle Sovereign (IRE) (W Biddick, 1-2F); 2. Hinchelsea Moor (D Sansom, 33-1); 3. Garstin (IRE) (R Henderson, 7-1). 6min 16s. 6l, 2l. (Jack Barber).

Mens Open (*5 ran*)

1. Aerial (FR) (W Biddick, 1-4F); 2. Otto The Great (FR) (F Henderson, 10-1); 3. Arthurian Legend (Z Baker, 9-2). 6min 10. 15l, 10l. (Jack Barber).

Intermediate (*13 ran*)

1. Mr Mercurial (IRE) (P Gerety, 5-1); 2. Legal Legend (T McClorey, 3-1); 3. Third Chance (IRE) (W Biddick, 7-1). 6min 07s. 2l, 8l. (Sheila Crow).

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